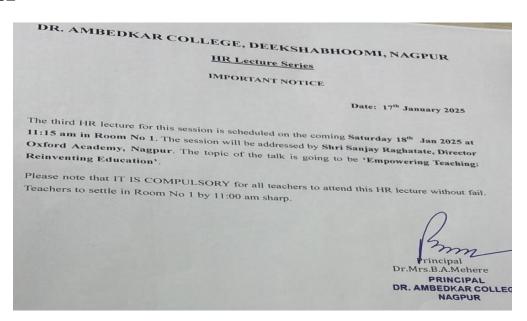
# DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR

# HR LECTURE SERIES

### **Academic Session- 2024-25**

NAME OF THE PROGRAMME:	.HR LECTURE BY HR CELL
NAME OF THE GUEST SPEAKER:	Dr Sanjay Raghatate
NAME OF THE PROGRAMME SUPERVISOR:	Dr Varsha Deshpande
NAME OF THE PROGRAMME CO- ORDINATOR:	Dr Arti Wazalwar
DATE AND DAY:	18 <sup>th</sup> January 2025. SATURDAY
TIME:	11 A.M
TOTAL NUMBER OF PARTICIPANTS	40
VENUE:	ROOM NO. 1, MAIN BUILDING
	DR. AMBEDKAR COLLEGE, NAGPUR.

#### **NOTICE**



## **DETAILED REPORT**

Teachers are vital for every society. Teachers imprint a driving force in young minds of students who are the foundation stones of future society. It is extremely important that the students receive proper and adequate guidance. Same is true for the law students as they will be the future foundations of the legal fraternity. With this thought in mind, Dr. Ambedkar College, Deekshabhoomi, Nagpur organized a HR lecture on 18<sup>th</sup> January 2025 for the teachers of the Institution by Mr. Sanjay Raghatate

Through this program, the participants were taught the importance of neat and tidy dressing, presentable body language and use of gestures and expressions to engage and motivate the

students. Appropriate ways to approach the colleagues of opposite genders was also emphasized so that the dignity of other teachers (especially female) can be taken care of without any discomfort.

Mr. Raghatate highlighted the dangers of stepping into the intimate zones of individuals. By inviting representatives from the participants and demonstrating real time illustrations, the speaker effectively conveyed the importance of keeping a distance while communicating with opposite gender colleagues. Being very close to somebody may invite unnecessary discomfort and could often result in losing trust and respect. One must be careful in evading the privacy of others in the workplace.

A firm handshake is sign of a true gentleman. But this is not true in all situations. The speaker then explained the appropriate manner to address this issue with a lady colleague. It is advised not to do so in ordinary circumstances as this gesture can invite unwanted troubles. But even if there is a situation where it is required, one must never apply excess force. It is also advisable to just formally touch and not be too clingy. It is very important not to get too close or touch the person inappropriately while doing a handshake.

A handshake between people of same gender can tell us much about their personality. The speaker effectively informed the participants on how to address such encounters. In the first example, the speaker informed the gesture of dominating handshake and how to deal in such situation. A person offering a handshake with palm facing downwards is trying to dominate. It is advisable to grip such handshake with both hands to make the other person feel grateful. Also there is a handshake which is very inappropriate by approaching till the wrists of others. One must refrain from such doing such at all times. If a teacher of same gender wants to boost confidence of fellow a student, then a touch on the elbow of the same hand or a tap on the shoulder while the handshake can prove very useful.

Expressions also play a vital role while addressing a class. It is very important to keep an eye contact with everyone in the class and never look focused on just one particular person. It is very important to observe the gestures of students. It will benefit to understand the mindset of the students whether if they can understand the subject matter being taught. For instance, if anyone has put the arms crossed over the chest, then it is apparent that the person is dissociated and not attentive in the current environment. Crossed arms also denoted that the person is introvert and not mentally present and attentive. On the other hand, a crossed leg implies the attention. If a person is sitting with legs crossed in front of ankles, then the person is showing interest and listening carefully. According to Mr. Raghatate, a teacher must never ask for attention or yell on students to keep quite. A teacher must be presentable, confident and well prepared to take a class so that students pay attention without even asking for it. A teacher must try to remember the first name of the students and never address any of the students with their last name only. Remembering the first names will make a healthy bond between two and increase mutual respect.

The program concluded with a vote of thanks by Dr. Vaishali Sukhdeve. We expressed gratitude to the esteemed guest speaker for sharing these insights and valuable lessons. The participants as well as the organizers were indebted for the patient demeanor and speaking style of the speaker. The participants felt energized and confident with eagerness to learn more while the speaker parted with having delivered a speech to the most enthusiastic participants ever.

# SAMPLE PHOTOS







#### SAMPLE ATTENDANCE SHEETS

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