

DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI NAGPUR


DEPARTMENT OF PSYCHOLOGY

Report

Name of the Programme: Visit to Astha Hospital

Dates: 07-10-2023

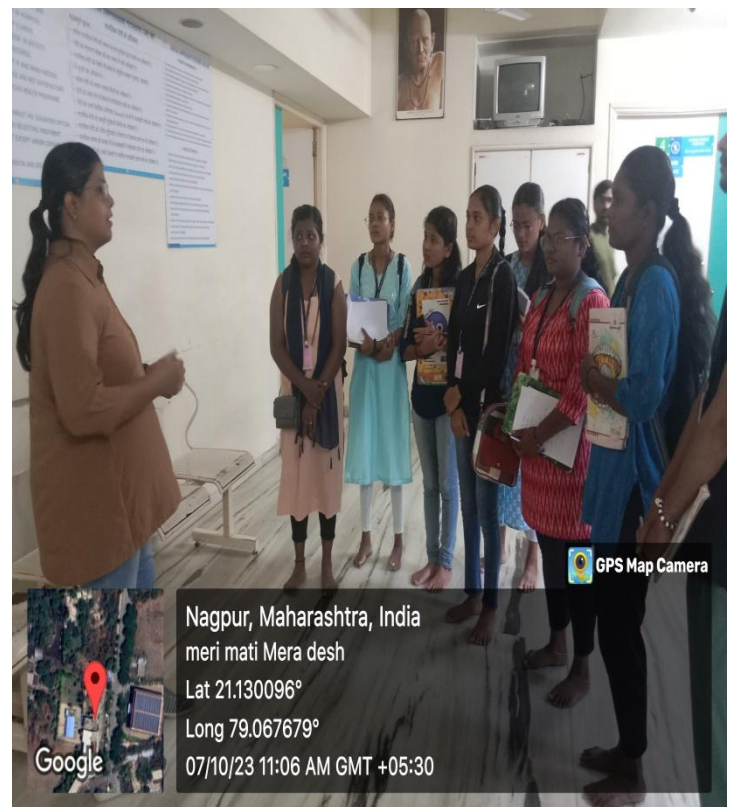
Notice

<p>DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR.</p> <hr/> <p style="text-align: right;">Date: 06/10/2023</p> <p style="text-align: center;">Notice</p> <p>This is to inform all BA Psychology students that a visit has been organized to <u>Astha Hospital, Nagpur on 07-10-2023</u>. As part of the department's academic activities, visit aims to provide students with an opportunity to observe and learn about psychological practices in a clinical setting. All the students of B.A 5th semester, Psychology are hereby informed that they must remain present in the college for visit at 10.30am.</p> <div style="text-align: right;"> Dr. Mrs. B. A Mehre Principal, DACN.</div>

On October 7th, 2023, Dr. Ambedkar College, Deekshabhoomi, Nagpur's Department of Psychology organized a crucial visit to Astha Hospital. This initiative aimed to provide students with firsthand experience in a clinical psychiatric setting. The visit commenced with an informative session led by Sapna Chaubey, who provided an overview of Astha Hospital's operations and treatment methodologies. Students were then guided through the facility, observing various clinical environments. A significant aspect of this visit was the opportunity for students to interact with patients, under the careful supervision of hospital staff. This interaction, while sensitive, offered invaluable insights into the lived experiences of individuals facing mental health challenges.

The educational component of the visit extended beyond observation. Professionals at Astha Hospital conducted in-depth discussions on diverse mental health disorders, emphasizing their symptoms and treatment protocols. Students gained practical knowledge of therapeutic techniques, including cognitive behavioral therapy, and explored the ethical considerations inherent in clinical psychology. The interactive nature of the visit, including a dedicated Q&A session, allowed students to clarify their understanding and deepen their comprehension of the field. The inclusion of the interaction with patients allowed the students to gain a more personal and empathetic understanding of the field.

The visit to Astha Hospital proved to be a highly beneficial experience for the psychology students. The combination of professional presentations, clinical observations, and supervised patient interactions provided a comprehensive understanding of mental health care. The department expresses its sincere appreciation to Astha Hospital and Sapna Chaubey, for facilitating this valuable educational opportunity. It is recommended that future programs continue to include opportunities for controlled, ethical patient interaction, as it greatly improves the students understanding of the material.





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Visit - Astha Hospital
Date: 7/10/2023