

Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Mathematics

Mentoring Activity 2024-25

Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Mathematics

NOTICE

Date: 5th August 2024

Subject: Mentoring Activity for B.Sc. Mathematics Major Students

The Department of Mathematics is organizing a **Mentoring Activity** for B.Sc. Mathematics Major students. The session will focus on providing scholastic and emotional guidance to support students in their academic and personal growth.

Details of the Program:

- **Date:** 9th August 2024
- **Time:** 12:30 PM to 1:30 PM
- **Venue:** Room No. [309]

Speaker:

- **Dr. Jitesh Tripathi**, Head, Department of Mathematics

Key Topics to be Discussed:

- Academic guidance, including study techniques and time management.
- Emotional well-being and stress management.
- Interactive discussion on students' challenges and aspirations.

All B.Sc. Mathematics Major students are encouraged to attend and benefit from this session.



Principal

(Prof. Dr. B.A. Mehere)

Report:

The Department of Mathematics, Dr. Ambedkar College, Deekshabhoomi, Nagpur, conducted a **Mentoring Activity** for B.Sc. Mathematics Major students on 9th August 2024. The initiative aimed to provide comprehensive guidance and support to students, focusing on both their academic and personal growth.

Objective of the Program:

The mentoring session was organized to address the diverse needs of students, including scholastic guidance for their academic pursuits and emotional support to help them navigate challenges effectively.

Speaker:

The session was led by **Dr. Jitesh Tripathi**, Head of the Mathematics Department, who shared his expertise and experiences to inspire and guide the students.

Program Highlights:

1. Scholastic Guidance:

Dr. Tripathi provided valuable advice on effective study techniques, time management, and strategies for excelling in mathematics. He also discussed the importance of planning for higher education and setting realistic academic goals.

2. Emotional Guidance:

The session addressed the significance of emotional well-being and coping mechanisms for stress, anxiety, and pressure often faced by students. Dr. Tripathi emphasized the importance of maintaining a healthy work-life balance and seeking help when needed.

3. Interactive Session:

Students actively participated in the interactive segment, where they shared their concerns and sought advice on academic and personal matters.

4. Building a Supportive Environment:

The session highlighted the department's commitment to fostering a nurturing and supportive environment for all students. Dr. Tripathi encouraged open communication and assured students of the department's continued support.

Outcome:

The mentoring activity was well-received by the students, who appreciated the opportunity to discuss their challenges and aspirations with an experienced mentor. The session helped build confidence and provided students with practical insights and strategies to succeed in their academic and personal endeavours.

Conclusion:

Dr. Jitesh Tripathi expressed his satisfaction with the active participation of students and reaffirmed the department's dedication to their holistic development. The session concluded with students feeling more motivated and equipped to face future challenges.

