

**DR. AMBEDKAR COLLEGE, DEEKSHA BHOOMI, NAGPUR**  
**DEPARTMENT OF COMMERCE**

**Panel Discussion on Domestic Violence in India: The Shadow of Pandemic during Covid-19**

**Panelists : Dr. Varsha N. Deshmukh, Advocate Smita Sarode Singalkar, Mrs. Poonam Lala and API Mrs. Prema Patil**

**Date: 8<sup>th</sup> March, 2022**

**NOTICE**

**Param Poojya Dr. Babasaheb Ambedkar Smarak Samiti's**

**Dr. Ambedkar College**

**Deeksha Bhoomi, Nagpur**

**RE-ACCREDITED WITH 'A' GRADE BY NAAC CGPA: 3.45  
RECOGNIZED AS COLLEGE WITH POTENTIAL FOR EXCELLENCE BY UGC**

**Women Development Cell**

**NOTICE**

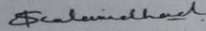
**Date: 18/02/2022**

All the students and faculty members are hereby informed that the Women Development Cell of Dr. Ambedkar College, Deekshabhoomi, Nagpur is organizing a Panel Discussion on the topic "**Domestic Violence in India: The Shadow Pandemic during Covid-19**", which will be held on 08th March, 2022 through zoom app at 01.00 P.M on the occasion of International Women's Day.

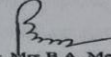
Attendance is mandatory for all students and faculty members.

The speakers for the Panel Discussion will be : Dr. Varsha N. Deshmukh, Advocate Smita Sarode Singalkar, Mrs. Poonam Lala and API Mrs. Prema Patil.

The link will be shared soon.



**Dr. S. P. Kalamdhad**  
**Coordinator**  
**Women Development Cell**



**Dr. Mrs. B.A. Mehre**  
**Principal**

**Dr. Ambedkar College**  
**Officiating Principal,**  
**Dr. Ambedkar College,**  
**Deekshabhoomi,**  
**NAGPUR.**

## REPORT

The Women Development Cell of Dr. Ambedkar College organized a Panel Discussion on the topic "Domestic Violence in India: The Shadow of Pandemic during Covid-19" at 1.00 pm on 8<sup>th</sup> March, 2022 through zoom app on the occasion of International Women's Day. Dr. Varsha N. Deshmukh, Principal of Dr Panjabrao Deshmukh College of Law, Amravati, Adv. Smita Saroda Singalkar, High Court, Nagpur, Mrs. Poonam Lala (Entrepreneur), Chairperson VIA-LEW and Asst. Police Inspector Mrs. Prema Patil, Mrs. Universe Bravery 2019 were invited as panelists for the panel discussion. The program was coordinated and hosted by Mrs. Shefali S. Chouksey

Principal, Dr. Mrs. B.A. Mehere heartily welcomed all the members. 314 registrations were received for the panel discussion and various participants joined from all over India. The discussion started with emphasis on understanding domestic violence and its intricacies. It also highlighted the type of domestic violence that became prevalent during the pandemic and how it has become its shadow. The first panelist, Dr. Varsha Deshmukh, explained nine types of violence or abuse—Sexual Violence, Emotional Violence, Psychological Violence, Spiritual Violence, Cultural Violence, Verbal Abuse, Financial Abuse, Physical Violence and Neglect. She also emphasized on the role of NGO's, Asha workers and suggested that women should learn self defense. She stated that male ego plays a significant role in domestic violence.

Mrs. Poonam Lala spoke about the economic abuse suffered by women during the pandemic. She said there was neither physical nor mental support during the crisis which impacted women's health. They faced double burden of work and household chores. With females earning more than men in today's scenario, many times it has been noticed that male ego gets hurt which can be one of the major factors of domestic violence with working women. She also discussed how productivity of women decreases in such cases, which in turn has impact on economy especially in developing nations. Mrs. Lala highlighted the surge in such cases and its impact on society.

Mrs. Prema Patil stated that often females are unaware that they are subjected to Domestic Violence. Lack of awareness can be one of the major factors of being the victim of violence. She informed about various helplines launched for women safety and initiatives taken by the police department to empower women especially in weaker sections of the society. She discussed various camps taken by enforcement agencies for betterment of women in slum areas. She stated that counselling is also an alternative mechanism to deal with domestic violence issues. The need for social acceptance with respect to taking a call against violence is must.

Adv. Singalkar discussed the laws relating to domestic violence and various provisions which one can use to get justice for self or helping others. She shared her experience of two cases of domestic violence including a burn victim of dowry case and of a working woman forced to marry unwillingly so her family can keep a control on her finances. She explained how she fought for them using various provisions in law with determination to get justice. She also discussed the redressal mechanism and One Window Act.

Moderator, Mrs. Chouksey then directed the discussion on identifying reasons for rise in domestic violence during the pandemic and reiterated that global research and statistics have also reflected rise in abuse with women being the primary victim. She summed up the deliberations by stating the various red flags and signs of abuse stated by panelists. Preventive measures were also discussed. Coordinator of Women Development Cell, Dr. Sandhya Kalamdhad also congratulated the team for their efforts in organising panel discussion on such an important topic.

There were 900 views for the panel discussion on YouTube from all over India. The discussion proved to be a great success and positive feedback was received by all the participants. Panelists from diverse backgrounds shared their expertise and knowledge which helped build awareness among viewers. The proceedings ended with formal vote of thanks by Mrs. Shefali Chouksey.

## Panel Discussion Screenshots



**Dr. Ambedkar College**  
**Deekshabhoomi, Nagpur**



### Women Development Cell

Organizes a Panel Discussion On International Women's Day  
**"Domestic Violence in India: The Shadow of Pandemic  
during Covid-19"**

Date: 8<sup>th</sup> March 2022 (Tuesday)

Time: 01.00 pm



**Panelist**  
Dr. Varsha  
N. Deshmukh  
**Principal,**  
Dr. Panjabrao  
Deshmukh  
College of Law.

**Panelist**  
Mrs. Poonam  
Lala  
**Chairperson,**  
VIA-Lady  
Entrepreneurs  
Wing, Nagpur.

**Panelist**  
Mrs. Prema  
Patil  
**Asst. Police**  
**Inspector of**  
Maharashtra,  
Police, Pune.

**Panelist**  
Mrs. Smita  
Sarode  
Singalkar  
**Advocate,**  
Highcourt,  
Nagpur.

**Moderator**  
Mrs. Shefall  
Rai Chouksey  
**Asst. Professor**  
**Dr. Ambedkar**  
College,  
Nagpur.

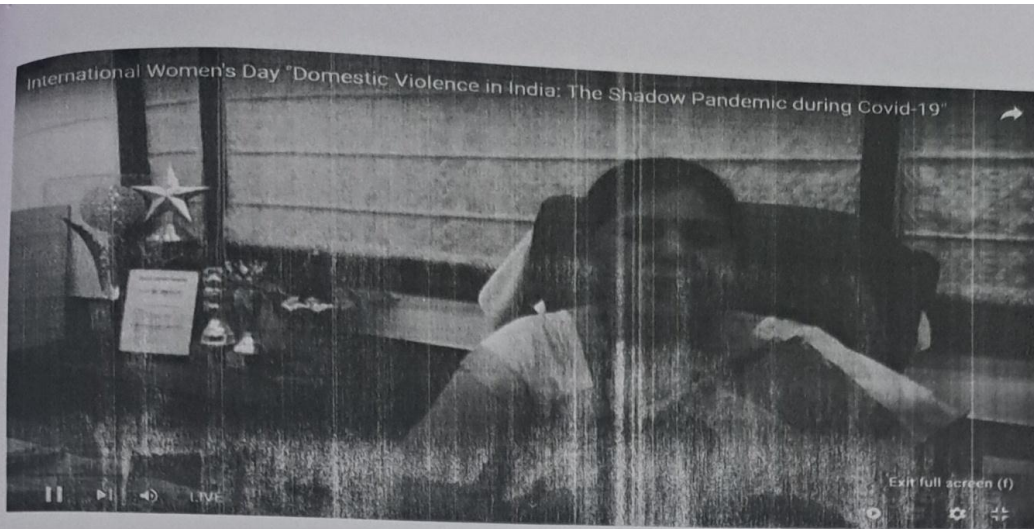
**Registration link:** <https://forms.gle/-vW2cznPMuxH7Jh76>  
**Join on Youtube:** <https://youtu.be/yVr3Oht0TZY>



**Dr. Sandhya Kalamdhad**  
Co-ordinator  
(Women Development Cell-DACN)



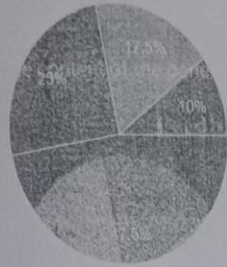
**Dr. Mrs. B. A. Mehere**  
Principal  
Dr. Ambedkar College, Nagpur



International Women's Day "Domestic Violence in India: The Shadow Pandemi...

### Feedback Graphs

How did you find the content of the panel discussion?  
40 responses



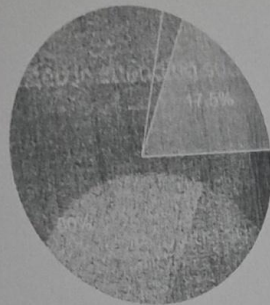
- Excellent
- Very good
- Good
- Fair
- Poor

Please rate your overall gain in awareness of domestic violence in the session.  
40 responses



- Excellent
- very good
- Fair
- Good
- Poor

Would you be interested in attending such panel discussions in future?  
40 responses



- Yes
- No
- Maybe