

Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Chemistry

American Chemical Society International Student Chapter In Collaboration with Chemistry Alumni Association, DACN

“Why Goal setting is important”?

ONLINE WEBINAR by Ranjana Tripathi

29th OCTOBER 2020

Report

In our life it is very necessary to have a target and work towards it. The understanding of your goal is not at all easy as said. One has to realise the priority and set the goal accordingly. In a student's life such target and goals are very crucial. Setting up these aims helps one to have a disciplined life. The tough lockdown has made life completely disturbed, so naturally things get delayed even in our day to day activities, so having even small targets helps us a lot to move in a regular routine.

To guide students on this topic further, American Chemical Society (ACS) Intl. Student Chapter, Dr Ambedkar College in collaboration with Chemistry Alumni Association organised a Webinar on “Why goal setting is important”. The speaker of the session was Ms. Ranjana Tripathi, who is an experienced Life Coach, corporate trainer and an author of the book “Life- unplugged” based at Ahmadabad. Ms Ranjana in a good 40 minutes session, very efficiently threw lights on the various aspects of goal setting in life. She guided students on right from its significance, methods to overcome procrastination, how to bring discipline in life while studying and also proper understanding of the goals as well. Everything was explained very clearly and with some common examples for a better understanding for the students. During the

session, the speaker patiently answered all the questions from the students' side. Approximately 60 students had attended the webinar, overall the session was a successful one.

Dr Deepa Panhekar, Head of Chemistry Department and Faculty Advisor, ACS Intl. Student Chapter presented the welcome address for all the attendees. Dr. Kaveri Purandhar, Secretary, Chemistry Alumni Association introduced the speaker and also moderated the discussion. ACS chapter members, Ms Swarnima Burande, Chapter Secretary, was the host for the event looked after registrations, hosted the online event and collected feedback from participants. Harshal Nakade proposed the vote of thanks. Faculty members, Dr Ratnnadeep Sawant and Mr Parag Panse attended the program. Officiating Principal ,Dr B A Mehere congratulated ACS Chapter and Chemistry Alumni Association for the successful organization of the program.

ACS Student Chapter DACN is presenting

Shruti Rathi and 12 more

30 11:39 AM You



Dr. Ambedkar College
Deekshabhoomi Nagpur
Under the Aegis of
American Chemical Society (ACS) Intl. Student Chapter
WELCOMES YOU FOR A WEBINAR

Why Goal Setting is Important

By
Ranjana Tripathi

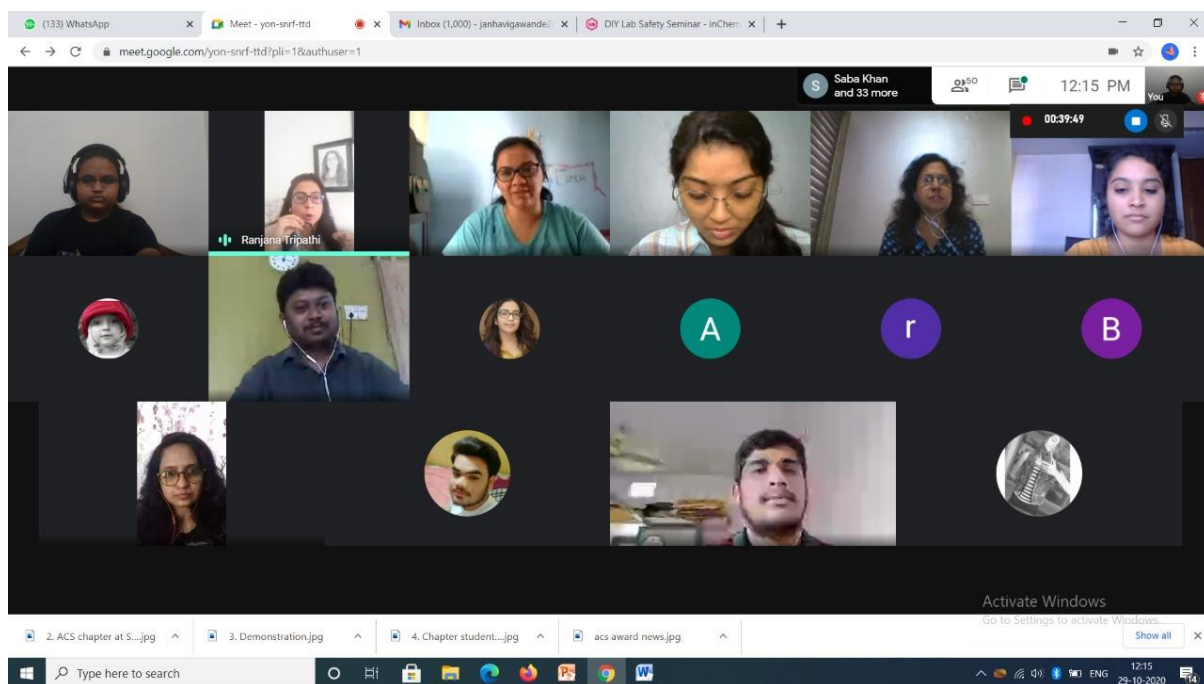
Date : 29th Oct, 2020

ACS Student Ch...

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Attendees during the webinar



ACS Intl. Student Chapter
Dr. Ambedkar College



Param Poojya Dr. Babasaheb Ambedkar Smarak Samiti's

Dr. Ambedkar College Deekshabhoomi Nagpur

American Chemical Society (ACS) International Student Chapter

ACS Outstanding International Student Chapter Award 2019

In collaboration with

Chemistry Alumni Association DACN

Organises



Ranjana Tripathi, Ahmedabad

Life Purpose & Transformational Coach

Corporate Trainer and Mentor

Author of the BOOK 'LIFE UNPLUGGED'

Webinar For Students

Why Goal setting is Important

Day : 29.10.2020

Time : 11.30 am

For Registration



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