

DR.AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR
DEPARTMENT OF BIOCHEMISTRY AND BIOTECHNOLOGY

One Day Guest Lecture

On

“Cancer Awareness”

NOTICE

Dated: 2nd May 2023

It is hereby informed that Department of Biochemistry and Biotechnology is organizing a Guest lecture for all the students of science faculty on the topic: ‘Cancer Awareness’ in Kumbhare Hall on 3rd May,2023 at Dr.Ambedkar College,Deekshabhoomi,Nagpur.

Guest Speaker: Dr. Manpreet Uppal, Assistant Professor, Surgical Gastroenterology, AIIMS Nagpur.

Venue: Kumbhare Hall, DACN, Nagpur

Time: 11.00 a.m.

Program Co-ordinator: Ms. Rita N. Lakkakul

NOTE: It is mandatory for all the students to participate and attend the same.

Dr.Utpal Dongre

Head of the Department

Department of BC & BT

Dr.Ambedkar College, Nagpur

HEAD
DEPARTMENT OF
BIOCHEMISTRY & BIOTECHNOLOGY
DR. AMBEDKAR COLLEGE,
DEEKSHA BHOOMI, NAGPUR



Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Biochemistry and Biotechnology

Guest Lecture

On

Topic "Cancer Awareness"

A Report

Dated: 3rd May 2023

Department of Biochemistry and Biotechnology, Dr. Ambedkar College, Deekshabhoomi, Nagpur has organised a Guest lecture on 'Cancer Awareness' on 3rd May in Kumbhare Hall at 11.00 A.M. Dr. Manpreet Uppal, Assistant Professor, Surgical Gastro enterology, AIIMS, Nagpur was the guest speaker. The program begun with the blessings of Lord Tathagath Gautam Buddha and Dr. Babasaheb Ambedkar by garlanding the portraits. Dr. B. A. Mehere, Principal, Dr. Ambedkar College, Deekshabhoomi, Nagpur gave her welcome address and motivated students and staff members that conducting programs like cancer awareness will help early diagnosis and prevention of the deadly disease which is quiet prevalent in Nagpur. Dr. Manpreet Uppal, talked about what is cancer, its symptoms and said that Cancer awareness is the key to early detection and better health-seeking behaviour. Cancer is quite common in both developing as well as developed countries, but awareness is yet poor among the general population. Poor awareness may lead to poor uptake of screening modalities and delay in diagnosis. One factor that has been consistently shown to be associated with late diagnosis and treatment is a delay in seeking help for cancer-like symptoms. Dr. Manpreet Uppal has created awareness amongst students and staff members on Cancer, its causes & preventive measures. Displaying slides and videos, she rolled out statistics to prove the alarming increase in breast cancer cases in recent years. She has also demonstrated how to carry out Self Breast

Examination (SBE) and advised the girl students & women employees on the measures to be taken to protect themselves from the dreadful disease. The program was well received by all and was very useful. The elaborate presentation covered aspects like: Probable Symptoms that cause breast cancer, ways to identify it in early stages to be cured off like Dimpling, Puckering, Stretching pain in the back, retracted nipple etc., The factors causing cancer are genetic, physiological, dietary, environmental and life style. She has also suggested precautionary measures like avoiding cholesterol rich fat diet, alcohol intake, reducing obesity based on the BMI standard, curtailing use of tobacco, being aware on aspects like endocrine disruption due to oral contraceptive use, physical inactivity, proper clothing, benefits of breast feeding etc., Later on, she briefed the participants on methods of early detection and curative measures. She has also talked about different vaccines which help prevent cancer that students were unaware about. She wrapped up the presentation with a discussion of the painful treatment process like surgery which is often followed by radiation to melt the malignant lumps. Around 81 students and faculty members of Biochemistry and Biotechnology department actively participated in the program. Ms.Rita Lakkakul, Assistant Professor, Department of Biochemistry co-ordinated the program. And the program was compered by Ms.Anushka Chinchmalatpure, Msc semester 2 Biochemistry student. Lastly, program was concluded by vote of thanks that was given by Ms. Rita Lakkakul, Co-ordinator of the program and Assistant Professor, Department of Biochemistry.

Glimpses of the Cancer Awareness Programme



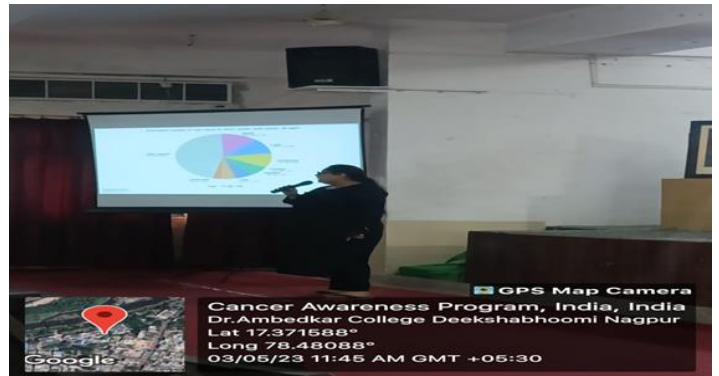
Guest and faculty garlanding the portraits



Dr.B.A.Mehere welcoming the guest with sapling



Dr.B.A.Mehere giving welcome address



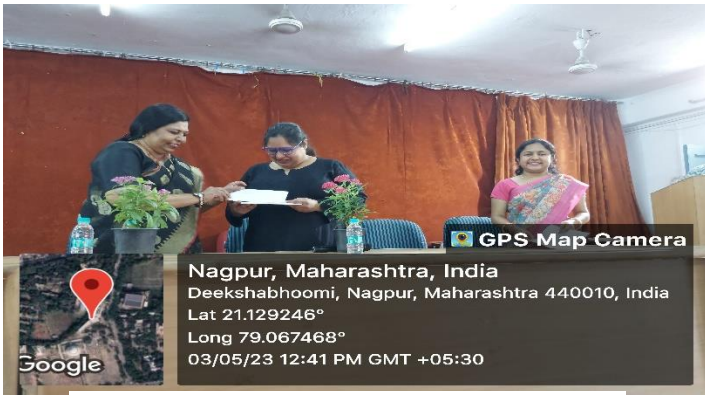
Dr.Manpreet Uppal delivering lecture on cancer



Dr.Manpreet Uppal, interacting with the students



Audience actively participating in the lecture



Dr.B.A.Mehere thanking the guest speaker



Ms. Rita Lakkakul. giving vote of thanks

Dr. Ambedkar College Deekshabhoomi, Nagpur
Department of Biochemistry and Biotechnology

One Day Guest Lecture

On

'Cancer Awareness'

Attendance Sheet

Date: 03-05-2023

Sr.No.	Name of Student	Signature
1.	Shriya Thakur	Shriya T
2.	Suhaz Baingane	Suhaz
3.	Prachi Asutkar	P. Asutkar
4.	Arushka Chichmalatpure	Arushka
5.	Prashik Ganju	P. Ganju
6.	Devyani Chute	Devyani
7.	Gauri Ghushu	Gauri
8.	Deepika Nakade	Deepika
9.	AIKA Dubey	AIKA D.
10.	Shruti Trivedi	Shruti
11.	Ganga Gudala	Ganga
12.	Srushti Shedmake	S. Shedmake
13.	Georgi Bhede	Georgi
14.	Shubham M. Pathare	Shubham SP
15.	Shreyashree G. Jambhulkar	Shreyashree
16.	Tejabhri V. Sirsat	Tejabhri
17.	Diksha A. Pakhale	Diksha
18.	Shruti S. Tagde	Shruti
19.	Gauri R. Shastri	Gauri
20.	Divya V. Phakate	Divya
21.	Ankita Dongre	Ankita
22.	Aanya Murke	Aanya
23.	Ashwini Uralde	Ashwini
24.	Naman Ramteke	Naman
25.	Aarjit Mehtam	Aarjit
26.	Yash Ramteke	Yash
27.	Pranjal J. Jawar	Pranjal
28.	Ritika P. Baghel	Ritika
29.	Saniya B. Bodele	Saniya

(Signature)

HEAD

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Department of Biochemistry and Biotechnology

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Attendance Sheet

Date: 03-05-2023

Sr.No.	Name of Student	Signature
30	Shiwani Kycis	Shiwani
31	Tanushree Charbe	Tanushree
32	Dimpal Warghane	Dimpal
33	Ku. Rakhi D. Junde	Rakhi D. Junde
34	Ku. Shreya Vikas Pande	Shreya Pande
35	Shivani Mishra	Shivani
36	Geetanjali Mohod.	Geetanjali
37	Sakshi Fulbandhe	Sakshi
38	Harshita Sawalkar	Harshita
39	Pranjali V. Sherkhi	Pranjali
40	Neha S. Bonkar	Neha Bonkar
41	Vaishnavi G. Shelwante	Vaishnavi Shelwante
42	Aayushi R. Chimurkar	Aayushi
43	Ikha P. Donkar	Ikha Donkar
44	Shruti B. Gredam.	Shruti
45	Akshata Hadke	Akshata
46	Tushar Jangade	Tushar
47	Mitali Wagh	Mitali
48	Nikita Lute	Nikita
49	Parachi Aglave	Parachi
50	Shraddha Patilkar	Shraddha
51	Manasvi Deshmukh	Manasvi Deshmukh
52	Abhishek Kalbande	Abhishek Kalbande
53	Aditi Sharma	Aditi Sharma
54	Ashwini Sonkar	Ashwini
55	Dipali Hirulkar	Dipali
56	Pallavi Khadgi	Pallavi
57	Mitali Neware	Mitali
58	Khushi P. Dhanvijay	Khushi

(Signature)

Dr. Ambedkar College Deekshabhoomi, Nagpur
Department of Biochemistry and Biotechnology

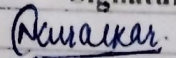
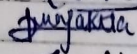
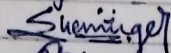
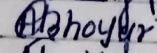
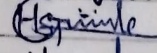
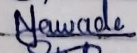
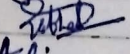
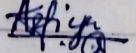
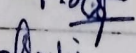

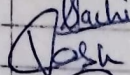
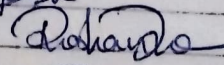
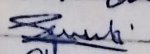
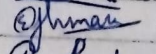
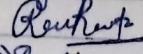
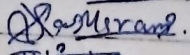
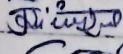
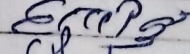
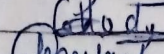
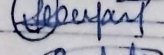
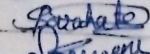
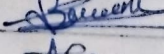
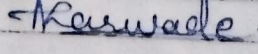
One Day Guest Lecture

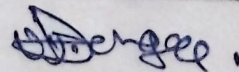
On

'Cancer Awareness'

Attendance Sheet

Date: 03-05-2023

Sr.No.	Name of Student	Signature
59.	Neha P. Kurakar	
60.	Prajakta Tambhurnkar	
61.	Sharvati G. Ugemuge	
62.	Aishwarya P. Bhojar	
63.	Hinalai S. Gurnule	
64.	Neha V. Jawade	
65.	Sanket Babhale	
66.	Asiya Baig	
67.	Siddhi Giramkar	
68.	Sachi S. Chauhan	
69.	Vasu Bhutange	
70.	Prashant Jha	
71.	Shruti Wankhede	
72.	Sanket P. Waghmare	
73.	Ruchi Rathod	
74.	Sai Meshram	
75.	Rohak Tiwari	
76.	Harshik Chakre	
77.	Gauri Ghode	
78.	Tanushka Wanjari	
79.	Sejal Borahate	
80.	Ashwarya Bawane	
81.	Anshuhree B. Karwade	



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Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Biochemistry and Biotechnology

Guest Lecture

On

Topic "Cancer Awareness"

Feedback Form

Date: 3rd May 2023

1. Name of the Student

Gauri Ghushe

2. Which Subject or department you belong to?

Msc Biochemistry Department

3. Did you like the lecture of Dr. Manpreet Uppal?

Yes, the lecture given by Dr. Manpreet Uppal was very effective and very knowledgeable

4. What take - aways did you find in her talk?

I learn more about cancer in detail way and how to identify the cancer very easily.

5. How would you rate the content of the Lecture?

Good

Very Good

Excellent

6. How would you rate the overall feedback of the lecture?

Poor

Good

Very Good

Excellent

G. Ghushe

Dr:Ambedkar College, Deekshabhoomi, Nagpur

Department of Biochemistry and Biotechnology

Guest Lecture

On

Topic "Cancer Awareness"

Feedback Form

Date: 3rd May 2023

1. Name of the Student

Subhas N. Braingane

2. Which Subject or department you belong to?

Biochemistry / Department of Biochemistry & Biotechnology

3. Did you like the lecture of Dr. Manpreet Uppal?

Yes, It was very helpful & Informative

4. What take - aways did you find in her talk?

Awareness about the Cancer

5. How would you rate the content of the Lecture?

Good

Very Good

Excellent

6. How would you rate the overall feedback of the lecture ?

Poor

Good

Very Good

Excellent

Subhas N. Braingane

Dr. Ambedkar College, Deekshabhoomi, Nagpur

Department of Biochemistry and Biotechnology

Guest Lecture

On

Topic "Cancer Awareness"

Feedback Form

Date: 3rd May 2023

1. Name of the Student

Shivani Vinodchandra Mishra

2. Which Subject or department you belong to?

MSc. Biochemistry

3. Did you like the lecture of Dr. Manpreet Uppal?

Yes. ✓

4. What take - aways did you find in her talk?

- About upcoming vaccines related to ~~some~~ certain cancer which can be prevented.
- Managing a healthy lifestyle along with proper diet
- Awareness of our own body changes is to be necessary.

5. How would you rate the content of the Lecture?

Good

Very Good

Excellent

6. How would you rate the overall feedback of the lecture ?

Poor

Good

Very Good

Excellent

Shivani