

LIST OF UNNATI ACTIVITIES 2021-22

SN	NAME OF ACTIVITY	DATE	NAME OF RESOURCE PERSONS	NAME OF ORGANIZATION	NO OF PARTICIPANT
1	Corresponding Skills	1 FEB 2022	Mr. H.R Waghmare	Maharashtra Centre For Entrepreneurship Development(MHCED)	62
2	Team Building	8th Feb 2022	Mrs. Poonam Lala	VIA	40
3	Communication Skills.	4 th December 2021	Ms. Chitra Parate	choo-le-aasman NGO	51
4	Image Building	30th October 2021	JC Sucheta Dhoot	Brainsio Institute of Hypnosis	47
5	Attitude Building	28/10/2001	Anju Jais	development trainer.	40
6	Self Assesment Techniques	25/11/2021	Adv. Sachin Narale	Samriddhi Coop. Bank Ltd.	22
7	Decision Making	09/12/2021	Mr. Shishir Turkar	CA and In Finance.	24
8	current affairs	27/01/2022	Mr. Vijaykant Panbude	Dy Director Labour Commision	13
9	'MS Word'	03/02/2022	Ms. Shama Khan	Lecturere, DACN	13

10	Goal Setting	29 th November, 2021	Ms. Rashmi Bansal	Trainer VIA	22
11	Shading Inhibition	24 th November, 2021	Mr. Kumar Zilpilwar,	pilot Faculty , VIA	41
12	Effective Public speaking	24 th January, 2022	Mr. Javed Khan Rana	National Trainer, Director of National speakers	30



**DR. AMBEDKAR COLLEGE,
DEEKSHABHOOMI, NAGPUR**

**UNNATI
Personal Growth & Self Development Program**

Report 2021-22

UNNATI 'A Personal Growth and Skill Development Programme'. Dr. Ambedkar College in association with Vidarbha Industries Association conducts this training program. Coordinator, Dr. Prakash Bhongade organized the online inaugural function on 16th October, 2021. Mr. Suresh Pandilwar was the guest of honor for the function. Welcome address was given by the Principal, Dr. B.A. Mehere and eminent dignitaries were present who shared their valuable insights including pilot faculty, Mr. Kumar Ziplewar and VIA-Coordinator, Mrs. Neelam Bowade.

Objectives of the Unnati program includes following:

1. To develop an overall Personality of students & to develop their confidence.
2. To improve their communication skills & to develop entrepreneurship skills.
3. To motivate self-employment & to improve leadership qualities.
4. Involvement in Field visits and Practical oriented exposure including panel discussions and interaction with professionals.

80 students enrolled for the program from various streams of graduate courses. Various sessions were organized including Corresponding Skills, Image Building, Attitude and Perception, Decision Making and Goal Setting to name a few. Eminent Speakers including Trainer Ms. Rashmi Bansal, VIA-LEW Chairperson Poonam Lala, Project Officer MHCED, Mr. H.R. Waghmare and CA Shishir Turkar were invited. The UNNATI Programme 2021-22 overall gave an insightful experience to the participating students. Experts from diversified fields with

enriched experience shared their perspectives and learnings in the sessions with students.

Apart from this appreciative participation of team members from all the departments including Mr. Utpal Dongre, Ms. Shefali Chouksey and Ms. Rohini Meshram was observed in the sessions. Participation by students for hosting the sessions to improve their presentation skills was also appreciated by speakers. The overall objective of the programme to provide holistic knowledge to the students was fulfilled. Moreover, many pragmatic topics were chosen for the sessions which would help the students in the future trajectory of their respective careers.

Session Details with Screenshots:

● Sessions conducted by Mrs. Shefali Chouksey:-

1. Session on ‘Corresponding Skills’.

- Speaker: Mr. H.R Waghmare
- Date and Time:- 1st February,2022, 12 noon
- Topic:- Corresponding Skills
- In this session, H.R Waghmare sir enlightened the importance of corresponding skills. He discussed how and why the corresponding skills are important in an individual’s life. Through good corresponding skills one can express himself/herself efficiently.
- He is presently working as Project Officer at Maharashtra Centre For Entrepreneurship Development(MHCED).
- He has total 24 years experience in Training, Public Relation, Administration, Marketing, Coordination, Laisoning, Planning, Organizing,etc.
- He is accredited from Govt. of India as ‘Trainer Motivator’ from National Institute of Entrepreneurship and Small Business Development (NIESBUD), GOI, New Delhi
- He has also done certification in many fields.
- He has additional knowledge in HRM, Public Presentation, Net Banking, Portal Handling, and many more.
- Students attendance: - 62

MCED+VIA 11.12.2020 - Microsoft PowerPoint

Insert Design Animations Slide Show Review View

Painter New Slide Slides Delete Slides

Font Paragraph Drawing

30 YEARS 1990-2020 MCED

उद्योजक

MAHARASHTRACENTRE FOR ENTREPRENEURSHIP DEVELOPMENT(MCED),NAGPUR
 (An Autonomous Society working under Directorate of Industries, Govt. of Maharashtra)
 An ISO 9001:2015 Certified Organization & SKOCH AWARD WINNING ORGANISATION
 MCED, Udyog Bhavan First Floor, Near High Court Civil Lines Nagpur-440 001

“START YOUR OWN INDUSTRY”
 On Dated 11th Dec.2020

Presented by
Mr.H.R.WAGHMARE .PROJECT OFFICER
MCED NAGPUR Ph.No.7774036232

HR WAGHMARE

commerce.dac.n

Ananya Bhattach...

Ananya Bhattacharya

Riya Madavi

Click to add notes

Zoom Meeting

Participants (27)

commerce.dac.n Ananya Bhattacharya Riya Madavi Abhishek Kalbande

Remove Spotlight

HR WAGHMARE

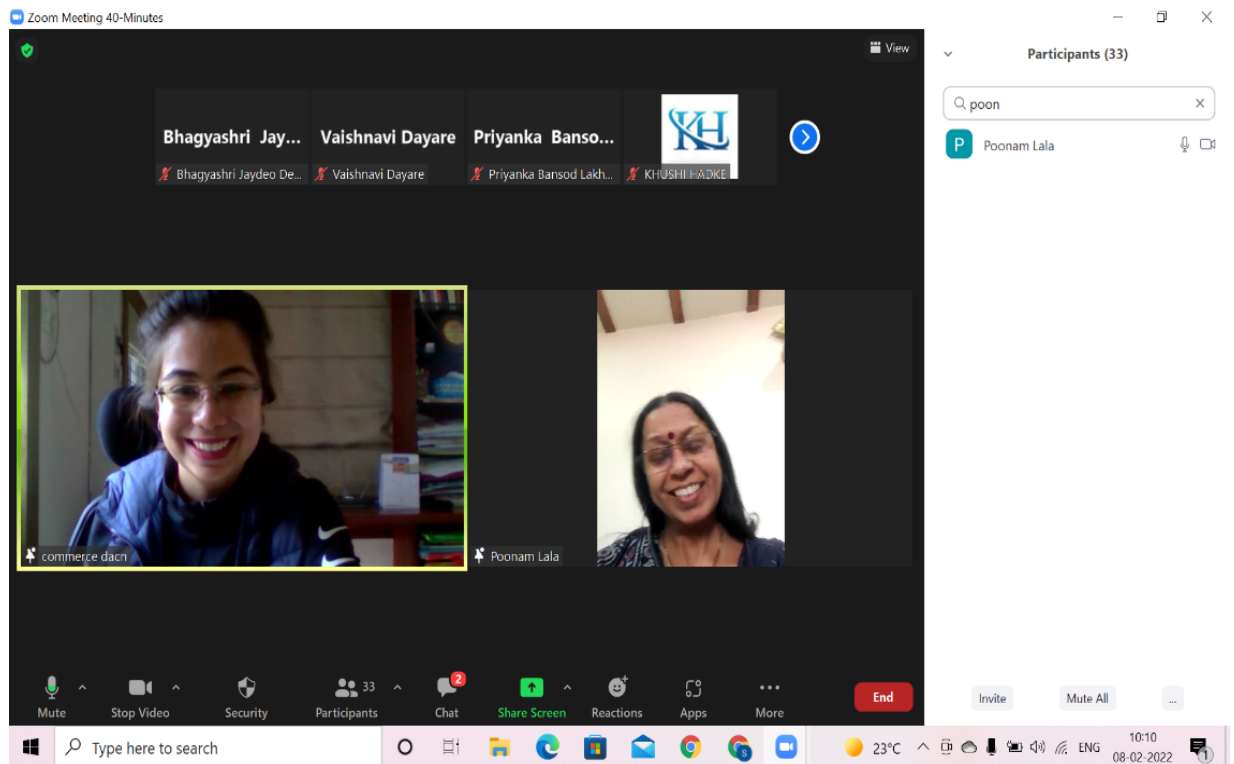
Mute Stop Video Security Participants Chat Share Screen Reactions Apps More End Invite Mute All

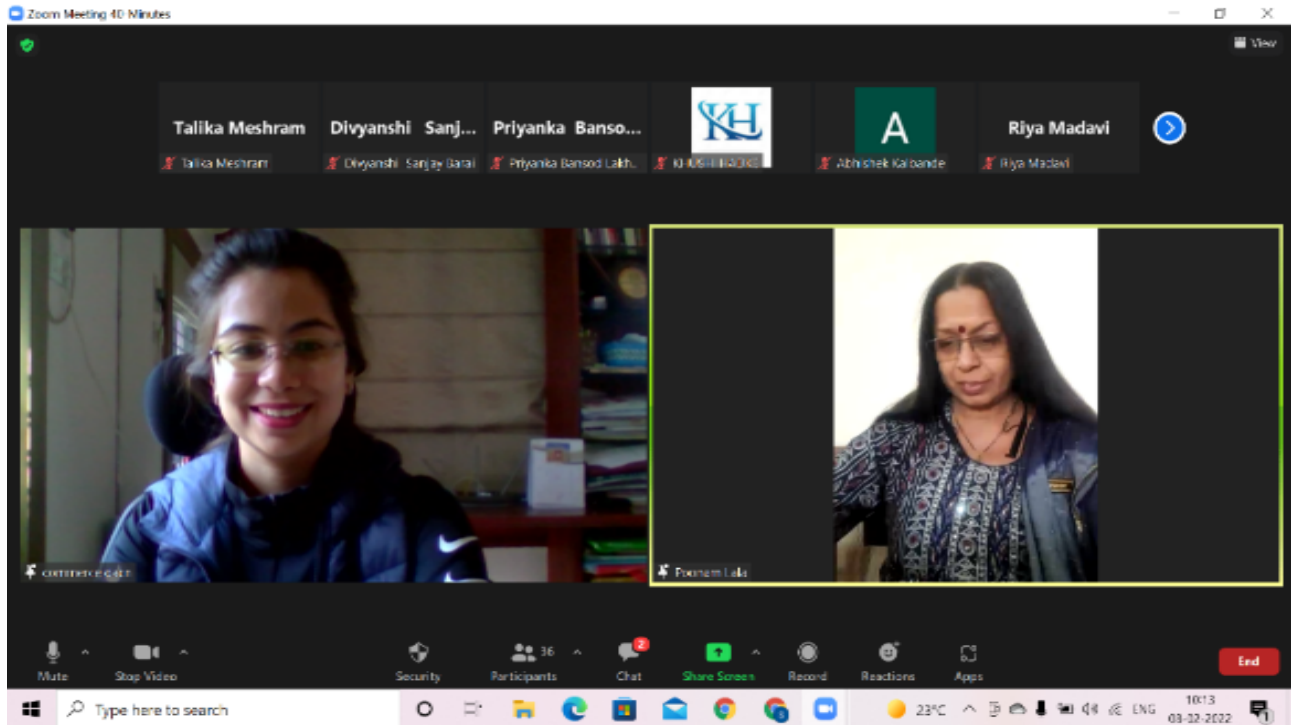
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28°C ENG 12:18 01-02-2022

2.Session on 'Team Building'

- **Speaker:** Mrs. Poonam Lala
- **Date and Time:-** 8th February,2022, 12 noon
- **Topic:** Team Building
- She is an Entrepreneur, VIA LEW Chairperson. She has a business experience of 21 years. She started with assisting husband in lubricants distributorship. Later started retail of garments and Jewellery. She is currently in retail business and believes 'Health is Wealth'. With this motto she entered into Food Distribution industry.
- She explained the importance of team work and its benefits at workplace . She shared her leadership examples and how she emerges as a successful leader in various situations.
- **Students attendance:** - 40






3. Session on 'Communication Skills'.

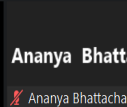
- Date and Time: - 4th December 2021, 11AM
- Topic: - Communication Skills.
- In this session, Ms. Chitra Parate ma'am, CEO of choo-le-aasman NGO explained students about the technicalities of communication skills. She emphasized the importance of this skill in one's corporate career. Apart from this she also mentioned about the importance of socializing in a student life.
- When asked about her NGO'S vision, she eloquently explained the student about her NGO'S activities, their mission and also invited students to join their NGO.
- She has 20+ years of experience in running successful business with international clients and products sold across multiple counties including US, UK, EUROPE and APAC.
- An eminent social worker and an interior designer.
- President of handicraft association.
- Ex-president and member of VIA ladies entrepreneur wing which helps and supports MSME business set ups.

● Students attendance: - 51

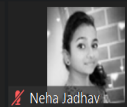
Zoom Meeting - ☐ ✕




college DACN




Ananya Bhattacharya



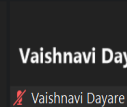
Neha Jadhav




Priyanka Bansod Lakhani




Riya Agase



Vaishnavi Dayare





Chhoo Le Aasman

Zoom Meeting

Participants (63)

Find a participant

college DACN (Host, me)

Chhoo Le Aasman

Abhishek Kalbande

Akanksha Bangar

Ananya Bhattacharya

Ankita

Anusha Banala

Avyaan Kesharwani

Bhuneshwar Varma

Dhanashree

Dipak Ram

Dipali Hirulkar

Divas Pandey

Invite Mute All

Parth Thacker Sg Priyanka Banso...

Parth Thacker Sg kavita dallemal Priyanka Bansod Lakh...

college DACN Chhoo Le Aasman

Mute Stop Video Security Participants 63 Chat Share Screen Record Reactions More End

Zoom Meeting

Participants (65)

Find a participant

college DACN (Host, me)

Chhoo Le Aasman

Abhishek Kalbande

Akanksha Bangar

Ananya Bhattacharya

Ankita

Anusha Banala

Avyaan Kesharwani

Bhuneshwar Varma

Dhanashree

Dipak ... Ask to Unmute More

Dipali Hirulkar

Divas Pandey

Invite Mute All

Mitali Parth Thacker Sg

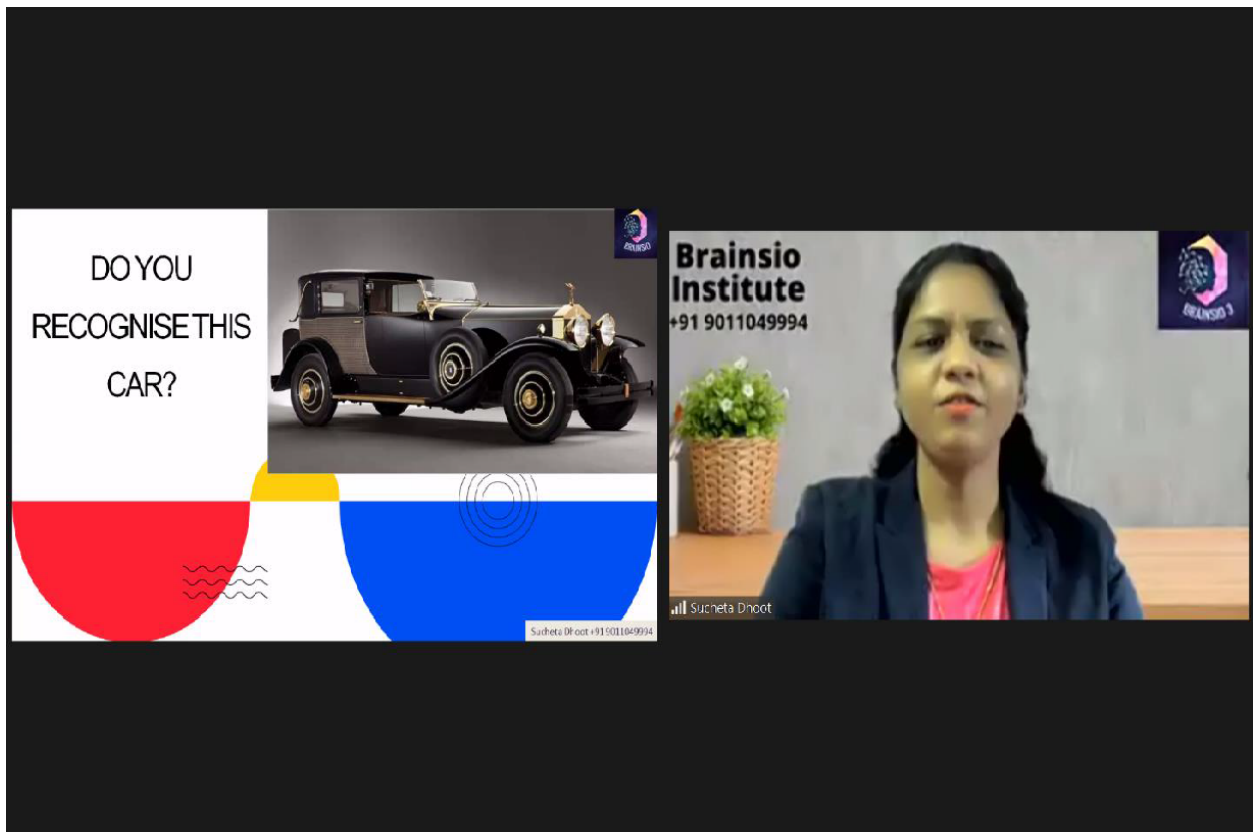
college DACN Mitali Parth Thacker Sg

Remove Pin Chhoo Le Aasman

Mute Stop Video Security Participants 65 Chat Share Screen Record Reactions More End

4. Session on 'Image Building'

- Date and Time: - 30th October 2021, 2 PM
- Topic: - Image Building
- The session highlighted the importance of image-building, how students should emphasize their presentation skills personal branding. The session also consists of some interesting examples and the importance of boasting of one's accomplishment was also explained.
- Speaker: JC Sucheta Dhoot Mam
- She is a founder of Brainsio Institute of Hypnosis and Neuro-Linguistic Programming (which provides certificate courses in NLP, Life Coaching, and Hypnosis) and Provides Customized Training Solutions to Corporate, Colleges, and Individuals.
- Few of her famous programs are NLP, Life Coaching and Hypnosis Practitioner, Basic and Advanced Skills Development for Elite Professionals, First Time Managers; Situational Leadership; Neuroscience of Habits; Sleep Better with Hypnosis; Take charge of yourself with EFT.
- Student Attendance – 47



The image is a screenshot of a video session. On the left, there is a slide with the text "DO YOU RECOGNISE THIS CAR?" and an image of a vintage black car. Below the text and image are decorative elements: a red semi-circle, a yellow semi-circle, and a blue semi-circle. On the right, there is a video feed of a woman, JC Sucheta Dhoot, speaking. The video feed includes the Brainsio Institute logo and contact information: "+91 9011049994".

You are viewing Sucheta Dhoot's screen View Options

The main content area displays a presentation slide with the following elements:

- Text:** "ROLLS - ROYCE" in large yellow letters, followed by "से उठवाया कचरा" in Hindi.
- Image:** A vintage Rolls-Royce car with a license plate "1969". Two red circles highlight the front fenders.
- Logo:** The Rolls-Royce logo is visible in the top left corner of the slide.
- Speaker:** A small video feed of Ananya Bhattacharya is positioned to the right of the slide.

At the bottom of the slide, the text "Sucheta Dhoot +91 3011049954" is visible.

The Zoom meeting toolbar at the bottom includes: Unmute, Start Video, Security, Participants (48), Chat, Share Screen, Record, Reactions, and End.

Zoom Meeting You are viewing Sucheta Dhoot's screen View Options

The main content area displays a presentation slide with the following elements:

- Text:** "LEARNINGS FROM THE STORY:" in blue, followed by "Your Appearance Matters" in white.
- Image:** A woman (Sucheta Dhoot) is shown in a video feed on the right side of the slide.
- Logo:** The "Brainsio Institute" logo is visible in the top right corner of the slide.

At the bottom of the slide, the text "Sucheta Dhoot" is visible.

The Zoom meeting toolbar at the bottom includes: Unmute, Start Video, Security, Participants (49), Chat, Share Screen, Record, Reactions, and End.

The Participants list on the right side of the screen shows 49 participants:

- commerce daen (Host, me)
- Sucheta Dhoot
- Ananya Bhattacharya (Co host)
- Aayush
- Abhishek Kalbande
- Aditi kalmegh
- Anjali Sarode
- Deepak Faye
- Deepti Ramteke
- Gaurav Baisware
- Harsh Panchbhai
- Harsh Raut

Buttons for "Invite" and "Mute All" are visible at the bottom of the participants list.

Zoom Meeting

commerce dacr | Sucheta Dhoot | Ananya Bhattacharya | Sakshi Ghotekar | Mahi Chauhan | Riya Madavi

Quietly Competent

- Do **others** in your family, extended family, peer circle or college/workplace really know what do you do?
- Do they have any idea about the **contributions you do** for the development of the Society or Family?
- Are you **"Introvert"** ?

Sucheta Dhoot +91 9011049994

Sessions conducted by Dr. Utpal Dongre:-

1. Session on 'Attitude Building'

Date of the programme	: 28/10/2021
Day of the programme	: Thursday
Topic of the programme	: Attitude.
Name of the Speaker	: Mrs. Anju Jais
Brief introduction	: Working as personality development trainer.
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 40 students were present in the lecture.

Glimpse of the programme:-



2. Session on 'Self Assesment Techniques'

Date of the programme : 25/11/2021

Day of the programme : Thursday

Topic of the programme : Self-assessment.

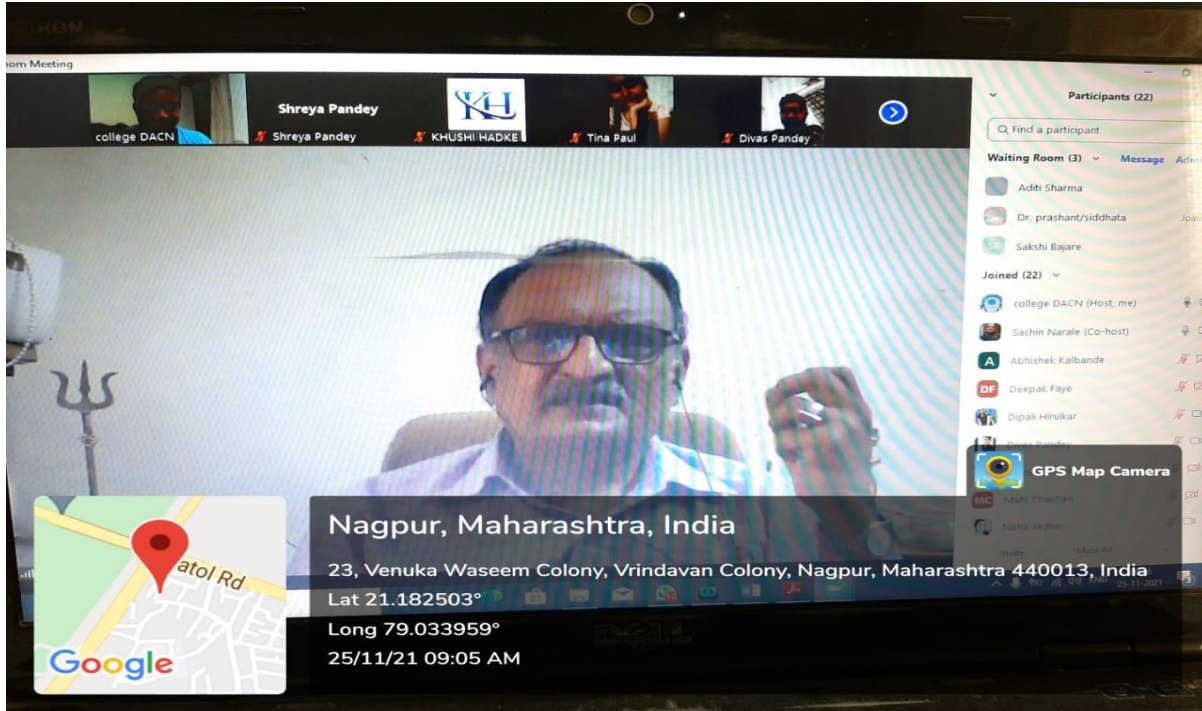
Name of the Speaker : Adv. Sachin Narale

Brief introduction : Samriddhi Coop. Bank Ltd.

Name of the host : Dr Utpal Dongre

Attendance : 22

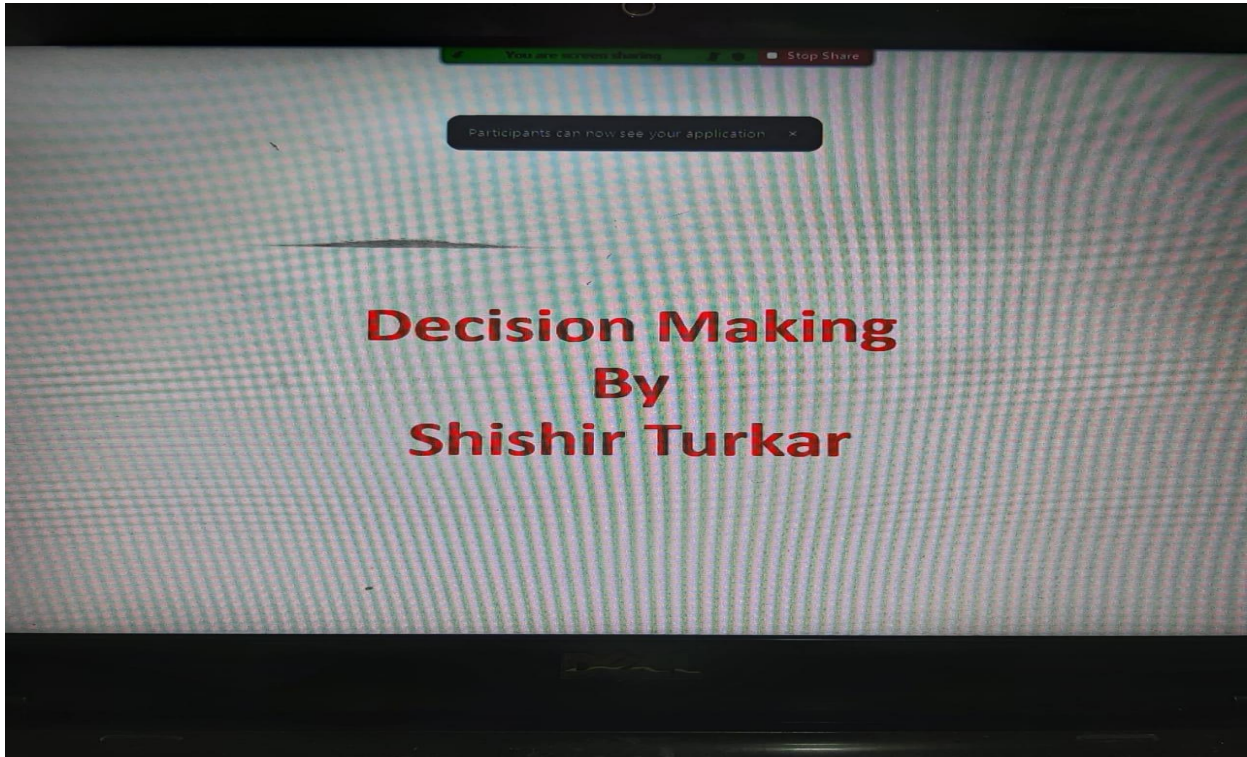
Glimpses of the programme:-

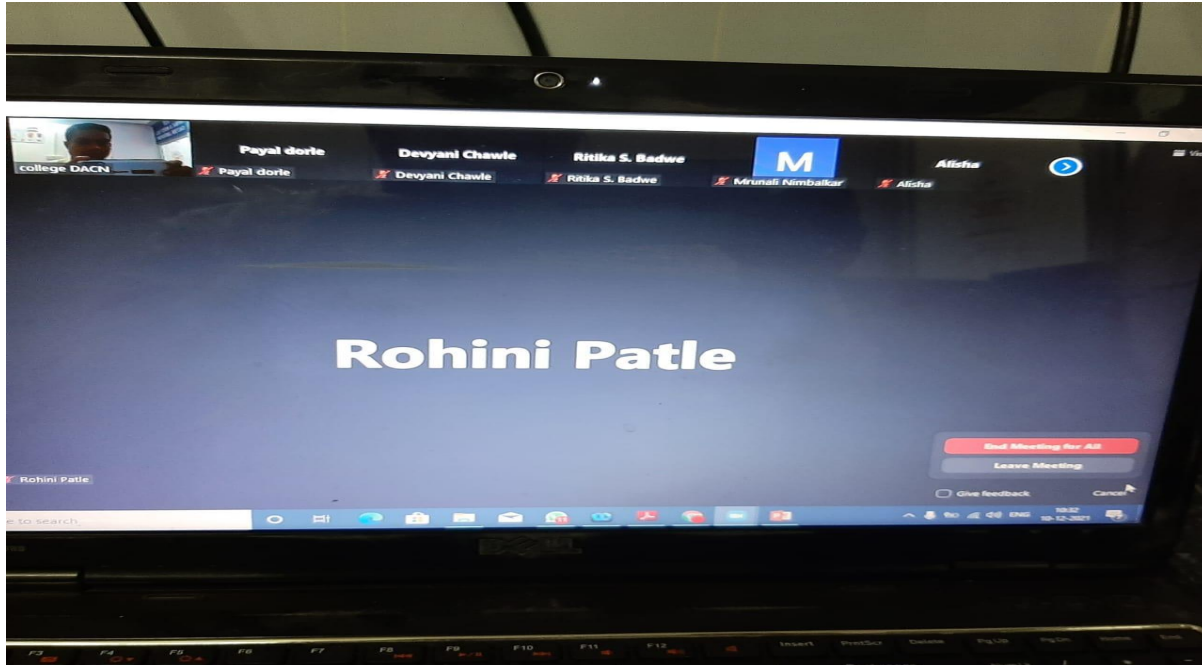


3. Session on 'Decision Making':-

Date of the programme	: 09/12/2021
Day of the programme	: Thursday
Topic of the programme	: Decisionmaking.
Name of the Speaker	: Mr. Shishir Turkar
Brief introduction	: CA and In Finance.
Name of the host	: Dr Utpal Dongre
Student attendance	: Total 24 students

Glimpses of the programme:





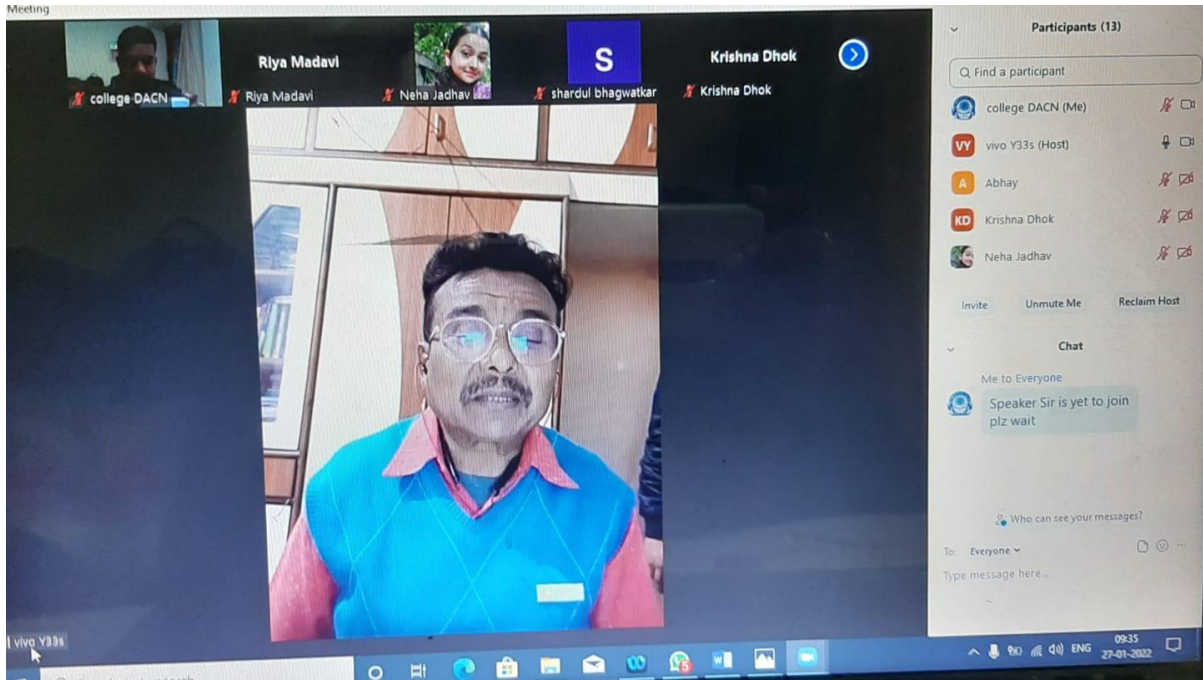
Session on current affairs

Date of the programme	: 27/01/2022
Day of the programme	: Thursday
Topic of the programme	: Current Affairs
Name of the Speaker	: Mr. Vijaykant Panbude
Brief introduction	: Dy Director Labour Commision
Name of the host	: Dr Utpal Dongre

Student attendance

: Total 13 students were present in the lecture.

Glimpses of the programme



Feedback of the programme:

User name	Name of the student	Semester	Subject Group	Date of the lecture attended	Day of the lecture attended	How did you find the content of the lecture	How you will rate this lecture on the scale of 10.	Any suggestion?
sdahikar@gmail.com	Shrutika Dahikar	1st	BS C	27-Jan	Thursday	Good	9	No
vskatre@y	Vishak Katre	1	BS C	27-Jan	Thursday	Excellent	10	Good

ahoo. com								
palla vikha dgi@ gmail .com	Pallavi khadgi	1	BS C	27-J an	Thu rsda y	Good	10	Perfect

Session on 'MS Word':-

Date of the programme : 03/02/2022

Day of the programme : Thursday

Topic of the programme : MS Word

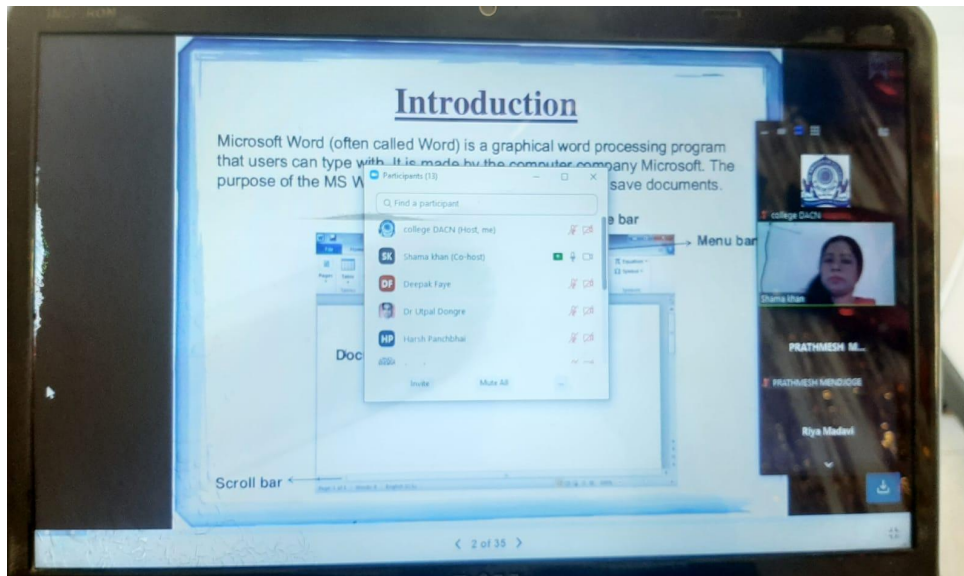
Name of the Speaker : Ms. Shama Khan

Brief introduction : Lecturere, DACN

Name of the host : Dr Utpal Dongre

Student attendance : Total 13 students

Glimpses of the programme



Feedback of the programme:

User name	Name of the student	Semester	Subject Group	Date of the lecture attended	Day of the lecture attended	How did you find the content of the lecture	How you will rate this lecture on the scale of 10.	Any suggestion?
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sdahikar@gmail.com	Shrutika Dahikar	1st	BS C	03-Feb	Thursday	Good	10	No
vskatre@yahoo.com	Vishak Katre	1	BS C	03-Feb	Thursday	Excellent	10	Good
pallavikhadgi@gmail.com	Pallavi khadgi	1	BS C	03-Feb	Thursday	Good	09	Perfect

- **Sessions conducted by Prof. Rohini Meshram**

Session on 'Goal Setting'

Date: 29th November, 2021

Time: 11 am

Topic: Goal Setting

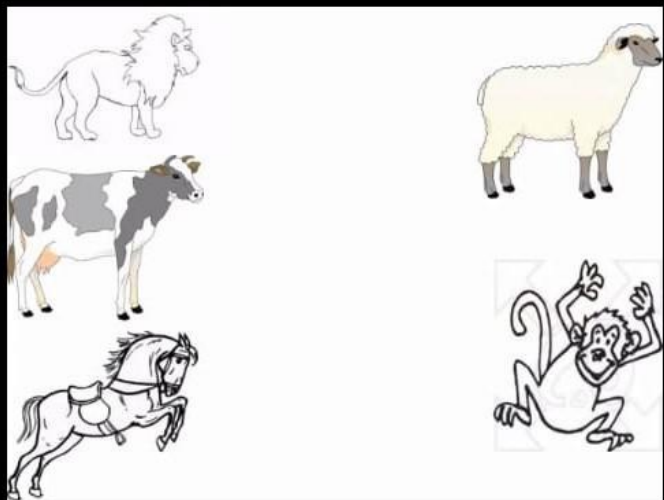
Speaker: Ms. Rashmi Bansal, Trainer VIA

Host Name: Ms. Rohini Meshram

Attendance – 22

Glimpses of Programme:-





Session on Shading Inhibition:-

Date: 24th November, 2021

Time: 9 am

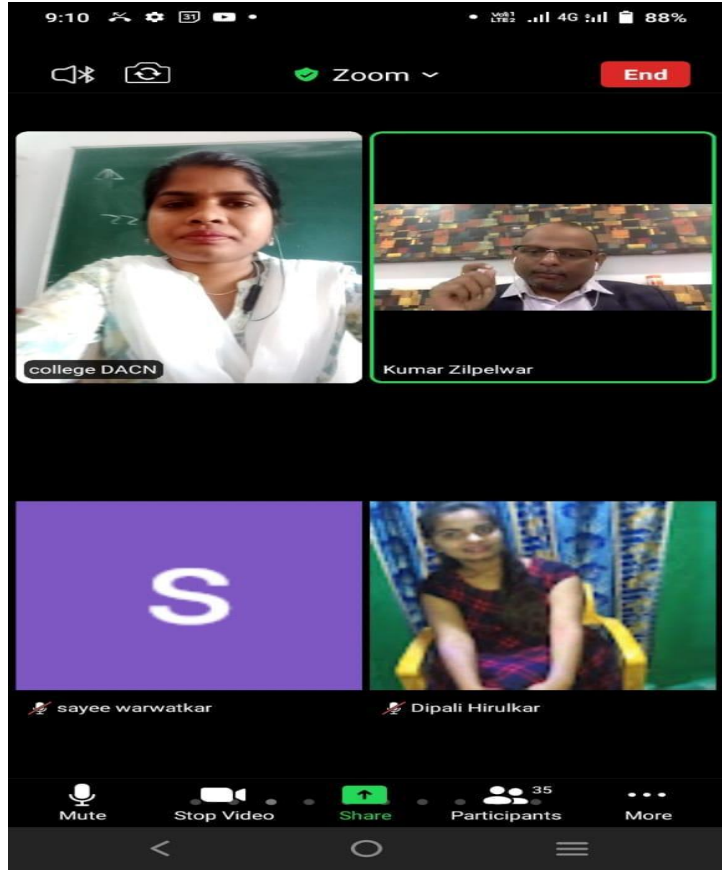
Topic: Shading Inhibition

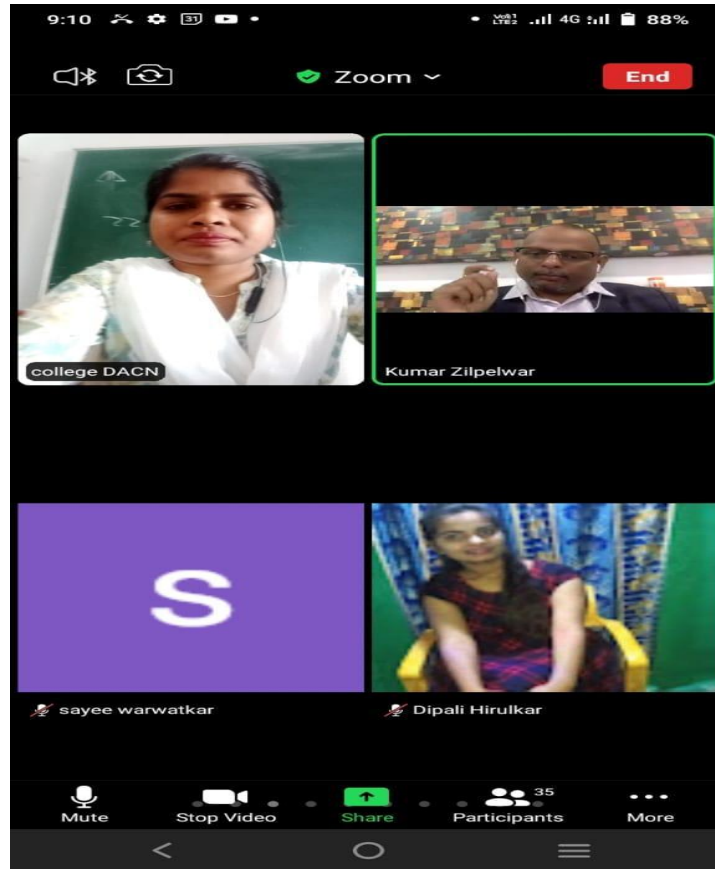
Speaker: Mr. Kumar Zilpilwar, pilot Faculty , VIA

Host Name: Ms. Rohini Meshram

Attendance: 41

Glimpses of the programme:-





Session on 'Effective Public Speaking'

Date: 24th January, 2022

Time: 10 am

Topic: Effective Public speaking

Speaker: Mr. Javed Khan Rana, National Trainer, Director of National speakers Academy

Host Name: Ms. Rohini Meshram

Attendance: 30



Conclusion

The UNNATI Programme 2021-22 overall gave an insightful experience to the participating students. Experts from diversified fields with enriched experience were invited to deliver the sessions to the students.

Apart from this appreciative participation from all the departments was also observed in the sessions. Participation by students for hosting the sessions was also observed.

The overall objective of the programme to provide holistic knowledge to the students was fulfilled.

Moreover, many pragmatic topics were chosen for the sessions which would help the students in the future trajectory of their respective careers.