

**DR. AMBEDKAR COLLEGE, DEEKSHABHOOMI, NAGPUR**  
**DEPARTMENT OF PSYCHOLOGY**

**Course outcome**

**Semester 1: Fundamentals of Psychology I**

CO1: To provide solid foundation to understand basic psychological processes and their applications in everyday life.

CO2: Understand the biological determinants of human behavior

CO3: Understand the basic psychological process and their application in day-to-day life

CO4: Develop the ability to evaluate how an individual person thinks, perceives, solve problems and learn new things.

**Semester 2: Fundamentals of Psychology II**

CO1: Develop a deep understanding of motivation and emotion, and their influence on human behavior

CO2: Remember the process of development of human intelligence and personality.

CO3: Gain insight into the diverse applications of psychology in personal, professional, and social spheres, and understand its impact on individuals' lives.

CO4: Understand scope for research, statistics and testing in psychology

**Semester 3: Psychopathology**

CO1 : Understand the concept of normality and abnormality in the context of mental health.

CO2: Develop effective strategies for managing anxiety disorders and promoting mental well-being.

CO3: To develop an understanding of the various psychological disorders

CO4: Acquire a comprehensive understanding of various treatment approaches for psychological disorders and develop the skills necessary to implement effective treatment plans.

**Semester 4: Statistical Methods and Psychological Testing**

CO1 : To introduce basic statistical methods and their uses.

CO2: Understand and apply statistical methods commonly used in psychological research and analysis.

CO3: Understand the concept of significance testing and its importance in statistical analysis.

CO4: Develop an understanding of psychological testing

### **Semester 5: Organizational Psychology**

CO1: Recognize the importance of studying and understanding organizational behavior for effective management and organizational success.

CO2: Recognize the importance of job satisfaction in promoting employee engagement, productivity, and retention.

CO3: Understand different theories of work motivation and Analyze the application of motivational theories in the Indian context and their influence on employee behavior and performance.

CO4: Understand the effects of stress on work-life balance and implement techniques to promote employee well-being and stress management.

### **Semester 6: Counselling and Positive Psychology**

CO1: Gain a comprehensive understanding of counselling's meaning, goals, and develop essential skills for effective counselling practice.

CO2: Explore various counselling techniques, such as play, art, drama, music, dance, yoga, and meditation.

CO3: Identify the application of counselling in various contexts, including family, school, career, and premarital/marital relationships.

CO4: To understand the positive psychology. Examine the role of virtues, including wisdom and knowledge, courage, humanity, justice, temperance, and transcendence, in promoting well-being.