Dr. Ambedkar College, Deekshabhoomi, Nagpur
Workshop on
"Inner Development for Living by Ethics and Values"
Date: 27th September 2024
Time: 10:30 AM

The Internal Quality Assurance Cell of Dr. Ambedkar College Deekshabhoomi, Nagpur organized a workshop on "Inner Development for Living by Ethics and Values" in collaboration with Initiatives for Change, Asia Plateau, Panchgani, on 27th September 2024 at 10:30 AM in the Dadasaheb Kumbhare Auditorium of the college. The workshop was inaugurated at the hands of Dr. Aglawe, Member, Param Pujya Dr. Babasaheb Ambedkar Smarak Samiti, Deekshabhoomi, Nagpur and Prof. Dr. Mrs. B. A. Mehere, Principal, Dr. Ambedkar College. Welcome address was delivered by Prof. Dr. Mrs. B. A. Mehere, Principal of our college whereas the agenda of the workshop and the sessions plan was described by Dr. Mrs. Deepa Panhekar, Coordinator IQAC, DACN. Mr. Kiran Gandhi, Mrs. Niranjana Gandhi, and Mr. Bisen Bhuta along with 7 student members from Initiatives for Change, Asia Plateau, Panchgani graced the inauguration function with their presence. Mr. Kiran Gandhi addressed the audience regarding the purpose of the workshop. Around 89 teaching staff members and more than 66 Post graduate students attended the workshop.

The workshop was divided into two sessions each for faculty and students respectively. The sessions for faculty members were conducted in Dadasaheb Kumbhare auditorium while for the students it happened in the Mini auditorium of the college premises. Both the faculty and student sessions began with an ice breaker activity which actually emphasized on the aspect of contributing silently in an

activity which demands verbal input. Post the ice-breaker activity Mr. Kiran Gandhi gave a presentation on how connection, correction and direction (CCD) experiences in real life can help us self-evaluate our inner strengths for betterment of mankind. Mr. Gandhi through his own real-life examples help the participants connect with the thought of CCD for self-improvement. He also time and again made us reflect on our own experiences to guide us and realize the importance of being truthful in life. In between the session at regular intervals the student members of Asia Plateau shared with us how the practice of CCD brought about a significant change in their perspective towards life. The latter half or the first session Mr. Gandhi explained the principle of Positivity, Honesty, Unselfishness and loyalty (PHUL) being instrumental in building one's ethical moral. A short 10 min break followed this session.

The next session began with an activity which could help everyone reflect upon their contributions to people and life. This activity was projected as a tool for improving one's ability to focus on their inner self and practice towards development of ethical values. The activity involved naming the people who helped you, whom you helped, people who hurt you and those whom you hurt throughout your life. The names mentioned in this activity were kept personal and number in each page indicated the dimension within you inclining towards acknowledging contribution of your well-wishers and the people who believe in you for being their well-wisher. It was a kind of mirror of your entire life journey for understanding the aspects in which one need to improve upon to become a better person.

At the end participants were called upon for sharing their feedback on the activities conducted and the overall workshop content. Feedback was shared by Dr. D.N. Begde, Dr. U.J. Dongre, Ms. Shaziya Bari, Dr. Tirpude, and Dr. Amit Bansod. Every faculty member while sharing their feedback echoed the same thought that most of the things dealt with aspects somewhere known but the way they were delivered during the workshop created a more prominent impression of ethical wellbeing in everyone's mind.

The whole program was conducted by Dr. Mrs. Deepa Panhekar, Coordinator IQAC, DACN. Dr. Mrs. Varsha Deshpande, Prof. Department of Law and member of IQAC gave formal vote of thanks and concluded the program.

Glimpses of the workshop

Participant List