# DEEP WEBZINE 2020-21

(COVID-19 ISSUE)







## DR. AMBEDKAR COLLEGE

**DEEKSHA BHOOMI, NAGPUR-10** 

Re-Accredited With 'A' Grade By NAAC, CGPA: 3.45
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7 0712-2955785 Mail: info@Dacn.In



# Taking care of your mental health during COVID-19















Late Shri Dadasaheb Gaikwad Founder President



Late Shri S. J. Fulzele
Former Secretary, College Management



Late H.E. Shri R. S. Gavai Former President, College Management and Former Governor of Kerala & Bihar



Bhante Arya Nagarjun Shurei Sasai President, College Management



**Dr. S. S. Fulzele**Secretary, College Management



# **DEEP WEBZINE 2020-21**

## From the Editor's Desk.....

Every academic year begins with the fresh faces of the students, their merriment and academic seriousness in the college campus but this year it was very different. The Pandemic brought in its wake lockdown, social distancing hopelessness, distrust and a host of myriad problems. It has nevertheless, also brought in its wake the realization of the value of love and cherishing relations. Families were incarcerated in their house and homes. I used the term 'incarcerated' because for many it was like an imprisonment while for many others it was as if 'Togetherness I Happiness' students, I suppose have been the worst sufferers because with schools and colleges being shut down, it was a sudden transformation to online teaching and learning which was gradually accepted though network issues did haunt many learners. All in all, the year was very dark and dreary in the sense that the light at the end of the tunnel seemed far away. The second wave of corona was more deadly and fierce than the first wave which took its toll and the grimness prevailed till the end of 2021.

Learning from home has had its own advantages and the students have shown great creativity and talent which has been showcased and brought out in this Covid Issue of the DEEP WEBZINE.

**Dr. Priti Singh**Associate Professor
Department of English



## --Webzine Committee—

The Webzine Committee gratefully acknowledges the active cooperation and encouragement of our Principal **Dr. Bhuwneshwari Mehere** and the support of our IQAC Coordinator, **Dr. Hema Menon** in the release of the Covid Issue of this Webzine.

## **Members**

## Dr. Priti Singh

(Associate Professor, Department of English)

## Mr. Manoj Andraskar

(Assistant Professor, Department of English)

## Mrs. Anita Tirpude

(Assistant Professor, Department of English)

## **Dr. Ravindra Tirpude**

(Assistant Professor, Department of Marathi)

## Mr. Suraj D. Telang

(Faculty Member, Department of Hindi)

## Mrs. Sneha Wankhede

(Faculty Member, Department of Hindi)

#### Mrs. Leena Shende

Lab Attendant, Department of Biotechnology& Biochemistry)



## OZONE-THE PROTECTING SHIELD OF EARTH

Sayali Sadanand Chakre BSC BTBC Group 2nd Year.

The ozone layer is the region that is found in the stratosphere around 15–30km above the earth's surface. It covers the entire planet and protects life on earth by absorbing harmful ultraviolet-B (UV-B) radiation from the sun. It contains high concentration of Ozone. It filters harmful, high energetic UV Rays that come from sun to earth. Ozone is found in two different layers in Earth's atmosphere. "Bad" ozone is found in the troposphere, the layer nearest the ground. Tropospheric ozone is a harmful pollutant which forms when sunlight alters various chemicals emitted by humans. "Good" ozone forms in the stratosphere, the next higher layer where some jet planes fly. Stratospheric ozone forms naturally and helps shield us from ultraviolet (UV) radiation in sunlight that can cause sunburn and skin cancer.

Human activity has damaged this protective layer of the stratosphere. The main cause of ozone depletion and the ozone hole is manufactured chemicals, especially manufactured halocarbon refrigerants, solvents, propellants, and foam-blowing agents (chlorofluorocarbons (CFCs), HCFCs, halons). ODS substances have a lifetime of about 100 years. When chlorine and bromine atoms come into contact with ozone in the stratosphere, they destroy ozone molecules. One chlorine atom can destroy over 100,000 ozone molecules before it is removed from the stratosphere. When they break down, they release chlorine or bromine atoms, which then deplete ozone. This led to formation of "OZONE HOLE" over the Antarctic circle.

The depletion of the ozone layer has harmful effects on the human health, animals, environment and marine life. An increase in UV-B rays causes a higher risk of skin cancer, plays a major role in malignant melanoma development, sunburns, quick ageing, eye cataracts, blindness and weekend immune system.

Ozone hole over the Antarctic is one of the largest and deepest in recent years. Analyses show that the hole has reached its maxim um size. Recently in December 2020, Antarctic ozone hole finally closed after an exceptional season due to naturally occurring meteorological conditions and the continued presence of ozone depleting substances in the atmosphere. One of the reasons for this closure is the positive effect of global lockdown due to corona pandemic which lead to reduction of air pollution.

To halt the depletion of the ozone layer, countries around the world agreed to stop using ozone-depleting substances. This agreement was formalised in the Vienna Convention for the Protection of the Ozone Layer in 1985 and the Montreal Protocol on Substances that Deplete the Ozone Layer in 1987. In 2009, the Vienna Convention and the Montreal Protocol became the first treaties in the history of the United Nations to achieve universal ratification. Substances covered by the protocol are referred to as 'controlled substances' such as CFC's, etc. By Avoiding the Use of ODS, minimizing the use of Vehicles and using Eco-friendly Cleaning products we can protect our Earth's Shield on our Individual level. Ozone Is Our Planet's SAFE Zone.

## **ENDANGERED SPECIES RECOVERY**

- Akshat Hatwar Class- Bsc BCBT Sem 3.

An endangered species is a species that is very likely to become extinct in the near future, either worldwide or in a particular political jurisdiction. Over 50% of the world's species are estimated to be at risk of extinction. One can probably name quite a few endangered species such as blue whale and black rhino with just a few but there are many more that don't get so much attention. There are currently around sixteen and a half



thousand animals and plants that are endangered because of natural causes. Extinction is a part of evolution after all. But because of human activities in fact because of humans the rate of extinction is estimated to be one thousand to ten thousand times higher than what would occur naturally. This is the highest rate since the extinction of the dinosaurs sixty-five million years ago.

Recovery is the process of restoring endangered and threatened species to the point where they no longer require the safeguards of the Endangered Species Act. Recovery plans act as a foundation from which to build a conservation effort to preserve animals which are under threat of extinction. Recovery plans set out the research and management actions necessary to stop the decline of species, and support the recovery of listed threatened species or threatened ecosystems. The aim of the plan is to maximise the long-term survival in the wild of a threatened species or ecosystem.

One might wonder why it's such a big deal, why does it matter if the population of a species decreases so much that it as endangered surely. If there are few individuals such as those in zoos than the species can recover. The problem is that the key to having a healthy population is genetic variation. Within a population you need a large variety of different characteristics so there a species can adapt if there is a change in the environment and avoid becoming extinct. This can happen if all the members of species have similar genes. Also, in a small population there is a high chance of inbreeding by closely related individual's breed. This can increase the risk of offspring having inherited conditions.

Endangered species conservation has three phases: identification, protection, and recovery.

- Protection can be directed toward species, sub-species, or populations. There are important economic and ecological tradeoffs associated with protecting subspecies and populations.
- Consistent, quantitative criteria for determining the status of species have been developed by IUCN.
- Protection of endangered species requires accurate knowledge of the threats to those species, the location of existing populations, and land ownership patterns.
- Recovery of many endangered species will require continual, active management of the habitat or continual efforts to control populations of alien species.

Nonetheless, it would be dangerous to assume that endangered species conservation is a poor use of conservation resources. First, efforts to protect particular endangered species, especially those with large territories or home ranges (e.g., Northern spotted owl, Strix occidentalis caurina), often result in de facto protection for other endangered species that share the same ecosystem. By choosing the right species to focus on, conservationists can improve the efficiency of their efforts.

Second, many conservationists would argue that an essential goal of ecosystem or landscape conservation should be to protect all of the constituent species within that system, including the endangered ones. Moreover, certain ecosystems, such as the Florida scrub or Hawaiian rainforests, have such high concentrations of endangered species that there is little practical difference between conservation programs aimed at endangered species and those aimed at the ecosystem as a whole. Finally, and perhaps most importantly, endangered species have always enjoyed tremendous support from the public. Species such as the whooping crane (Grus americana), giant panda (Ailurapoda melanoleuca) and golden lion tamarin (Leontopithacus rosalia) inspired millions of people around the world to care for diversity.

Each plant, animal, and their physical environment is part of a complex web of life. The extinction of a single species can affect many other species, especially humans, who depend on marine, estuarine, and riverine environments for food, commerce, medicine, and recreation. In addition to these practical benefits, the wide variety of species found in our oceans and coasts provide inspiration, beauty, and solace to many. Species recovery acts help focus conservation efforts and preserve the diversity of the planet in an effort to maintain this natural legacy for future

## AND WE STAYED HOME...

-Nikita Jangale

The Pandemic started off quietly... No more parties, No get together, No more college or school. Only Earth turned around it's axis, And the sun rose for the day. And we choose to stay home..... Some read books, some listened, Some rested, Some exercised, Some danced, Some prayed, Some learned new things, some were apart from their family Some met their shadows. And the people began to think differently. People waited in their house for some change, Tensions all around, Employees were unemployed, Frontline workers over used, Mask and Sanitizer were issued globally.



And people started to be in Social Distancing.

Now there is just the silence that tells

The roads are empty.

As humans have been caged

While birds are be freed....

If you ask me, it's a great lesson

For the human race,

To take a pause and ponder how skin-deep is the life we lead.

You were given this life,

Not to salivate over luxuries,

Some of us have perhaps been,

So lost being greedy for fame and money.

One day seventeen years old died,

And sixty-two years old are suffocated tomorrow.

The death toll got higher

Families were broken,
As they lost their lost once,
They had to move on without.
It seemed as if there was no hope...
Our World had changed forever,
But throughout all the upheaval.
A small ray of hope began to start,
Spreading happiness to those who needed it.
Then after some deadly days,
Our normal day was almost back.
People joined together, they grieved their loses and made new choices.
And create new ways to live,



Now they have been healed.

The people regained their routine.

And we realized that by working together,

We will never lose hope.

And all the people knew this,

And that's the reason why.....

......We stayed home....



## **CLEAN THE INNER GANGA OF CONSCIOUSNESS**

Sayali Chakre B.Sc. Sem II



"I am Ganga among the rivers", declares Lord Krishna in the Bhagwad Gita.

This statement could be altered with pride in ancient times. The golden days of Indian civilization when the sages, mystics and artists were genuinely meditating and praying on the banks of the Ganga, when they treated this holy river as their mother, Ganga was the source of all nourishment, spiritual and material and the final liberation from all the sins committed by people in their unconsciousness. All the sins are actually committed in unconsciousness as it is not possible to commit sins when one is in meditation and fully conscious,

The soul of India is joined to Ganga from very old times as if Ganga has become the symbol of our spirit. If a country has a soul and it has symbols then Ganga is our symbol, but what is the reason that Ganga is so deep rooted as a symbol that thousands of years ago Krishna declared "I am the Ganga among the rivers."

The purity of Ganga reminds us and not just the spiritual seekers but also the ordinary people of this country – of our inner Ganga of consciousness, our crystal-clear purity of soul! Unfortunately, the same great reminder has become so utterly polluted, that our country seems to have lost her soul. All kinds of toxins and poisons have corrupted it. We need to meditate over this as urgently as possible.

The first and foremost nee of the hour is to clean our minds with meditation so that we gain some insight and clarity. Then we must embark vigorously on the project of cleaning the outer Ganga. Our half-hearted efforts of cleaning Ganga have not borne fruit because we lack clarity which comes only with meditation. Our inner Ganga of collective consciousness is not clear and not in harmony with the outer environment. The ecology reflects our inner ecology.

## I AM ABOUT TO CHANGE

Mohit Titar B.Sc Sem I

I am about to change
Which will lead to a happy life
Leaving behind all my griefs
Leaving behind all my sorrows
Sometimes I feel broken
Though nobody hurt me
Sometimes I feel happy
Though nothing good happened to me
But that happy feeling is so less
And broken feeling is so more
That's why I am about to make a change
To feel happy more and less broken

I am about to make a change
That will make me feel free
I wanna let go of all the heaviness
That is stuck within me
I am about to change myself
To open up myself
And let go that heaviness
And start feeling free

I am about to make a change
And bring back the old me again
Who was a bit more focused
And less complicated.
Who was simple and knew what to do
Now I am just lost in this world
Not knowing the right thing to do
I am about to make a change
And bring back the old me again

I am about to make a change
And stop worrying what people care
And start worrying what I care
I know even small words
Affects me quickly and these things
Remain stuck in my heart.
I am about to bring a change
And let go these feelings away.



I am about to make a change And start living in the moment again. Start enjoying the present Rather than thinking about the end. I am about to make a change And make this life worth living.

I am about to make a change
And start giving attention to
the people who really do care
and stop chasing the people
who do not even care.
I am about to make a change
And stay connected to my loved ones out there.

I am about to make a change
And stop being so self-conscious about myself
People aren't thinking of you as much
As you think they are
And even if they are, why do I care?
I am about to make a change
And let go these thoughts away.

I am about to make a change
And stop expecting from people back again
Just do good deeds
And never expect
Anything from anyone.
I am about to make a change
And stop thinking too much about people out there.

I am about to make a change And respect whatever I got Some people don't even get What I am getting, I am about to make a change And be thankful for all that I have.



## MIDDLE CLASS

Vishal katre,

## Expectation, dreams and reality

"You must have heard that in story the mother's stomach was empty but seeing the child's hunger, the mother gave her food to the child. Father did not bring new clothes on Diwali, so that children could get clothes" but in reality, the struggle is much more than this, how many children who get the money for auto or bus to go to tuitions or school, to save this money they go on foot to save money so that it's that's money comes in pocket. Then, later it comes in its own work. How many such boys are there who get money for metro or bus tickets to go to college, to save money, they can take some time lift or go to college on foot and saving that money for complete our small dreams because it didn't get pocket money for that all things which they required. When

middle class collage and start and if he lives in education and live in hostel and he need money, from his family which they didn't the whole month,



person enrolls in going to college another city for make room or food for all this, the money gives for a month in fulfill money for they adjust

everything every time. Due to these reasons and for decreasing the burden of our family of our education they start doing a part time job with their education and take care of its own expenses and only the family members should not have their tension, it's that think remain in their mind all the time.

"I'm from a middle-class family. I didn't grow up rich but I didn't grow up poor. Each guy has to stick to his own story"

In a middle-class family, every member in a family keeps on sacrificing with his small and big dreams so, that the rest of the family members do not have much tension. A middle-class person would get caught in the situation of his family after all, would he have any interest and it would live but because of the condition of the family, he would have done something else and all this is due to the broad-minded thinking of his/her parents but it is not our parents' fault too, they also feel that their children are settle down as soon as possible.

Generally, in vacation all the friends are go out for a picnics but there are some of them who say that 'it's not possible for me, I am going out with my parents' but they never go anywhere and reason behind that is they don't want to burden on their family with more money somewhere again, when his friends talks about going to his home his/her shy down because of their condition of the house is not too good but No, they should be proud on your parents have given him much more than our capacity and capability.

But friends this middle-class family is better than rich and upper middle-class family because they don't have time to sit with family and talk to each other. But in middle class family, no matter how much tension is there in everyone's life but they are sitting together every night yet everyone talks with each other together and share their problems and try to solve it. Sit and eat with love!

"hatho ki lakhiro par nhi pairo ki raftaar par jindagi jeete hai, ham middle class wale log choti-choti khusiyon me jindagi jeete hai".

## WILL POWER

Sahil Pardhi, B.Sc. (PCM)



## **RAINBOW**

Anuj Sahu Bsc, Sem V, PCoM.

When I wake up to the sound of rain It reminds me of hard times and pain..

How it comes and goes
But lingers and never seems to flow...

You see, when we are going through a struggle We want it to be quick and easy with no trouble..

As time passes, the skies become clear And as we think of our past as the present We are simply just full of fear..

And as our future comes So will our happiness..

Our thoughts will become lighter The sun will shine brighter And the rain will pass by..

Because we weren't born to give in We were born a fighter.

## THE BUTTERFLY (STRUGGLES)

Damini Sayyam B.Sc. Sem 3 (PSM)

A man found a cocoon of a butterfly.

One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force its body through that little hole.

Until it suddenly stopped making any progress and looked like it was stuck.

So the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily, although it had a swollen body and small, shriveled wings.

The man didn't think anything of it and sat there waiting for the wings to enlarge to support the butterfly. But that didn't happen. The butterfly spent the rest of its life unable to fly, crawling around with tiny wings and a swollen body.

Despite the kind heart of the man, he didn't understand that the restricting cocoon and the struggle needed by the butterfly to get itself through the small opening; were God's way of forcing fluid from the body of the butterfly into its wings.

To prepare itself for flying once it was out of the cocoon.

Moral of the story:

Our struggles in life develop our strengths. Without struggles, we never grow and never get stronger, so it's important for us to tackle challenges on our own, and not be relying on help from others.

#### THE CRUEL EXAM

Riya Puram B. Com Sem II

Oh! cruel, cruel exam. With no mercy in your arms. You disturb for days our sleep. Your arrival alone makes us weep. You are quite a dreadful thing You don't let the students sing Their song or love and thrill. You snatch away ever thing a killing chill. Will you not take kitty on us and be kind?

And suggest a new way of testing our mind????

## SUPER MOM

Avani Meshram. Bsc sem 5. (Pcom)

Mom, you're a wonderful mother, So gentle, yet so strong. The many ways you show you care Always make me feel I belong.

You're patient when I'm foolish; You give guidance when I ask; It seems you can do most anything; You're the master of every task.

You're a dependable source of comfort; You're my cushion when I fall. You help in times of trouble; You support me whenever I call.

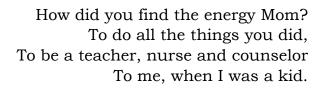
I love you more than you know; You have my total respect. If I had my choice of mothers, You'd be the one I'd select!





## **EVERYTHING MOM**

--Dhanashri Vaidya



How did you do it all mom, B e a chauffeur, cook and friend Yet find time to be my playmate, I just can't comprehend.

I see it now, it was love, mom, That made you come wherever I'd call, Your inexhaustible love mom And I thank you for it all

You are the sunlight in my day, And the moon I see far away You are the tree I lean upon, The one that makes troubles begone.

For all the times I forget to say "thank you"

For all the special little things you do,
For all the words that sometimes go unspoken,

I need to say I love you mom, I do



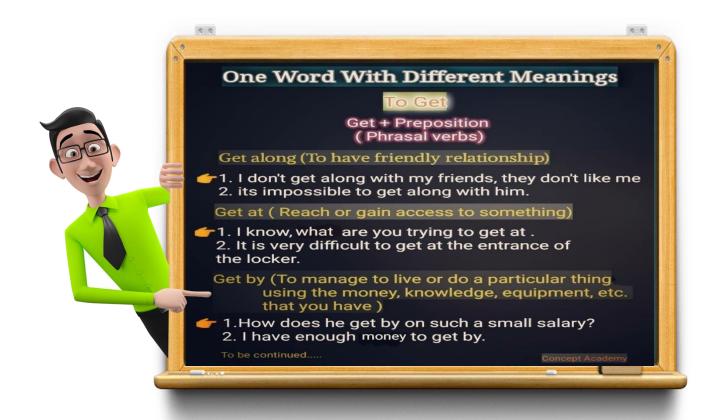


## **LOCKDOWN**

#### Ketaki Sawarkar

We are on the phone when I see them
The first of the year, little miracles
Above the stained bricks and scratchy trees
Of my neighborhood. Not screeching yet
But wheeling the light priming the edges
Of their knife blade wings. We might look
Fragile to them. So reliant are we are in our
Houses and our things. So tied by gravity
To one hemisphere. You saw yours today
Too and you are not far away
But a distance and I'm not allowed to travel.
A blessing for those of us who notice things
I'll see you soon you say. I'll see you soon.





## LOCKDOWN, MARCH 2020

Suddenly we are all aliens.

We've woken up foreigners On a planet we believed Belonged to us but today Has been declared off limits.

We can only visit, This new hushed landscape, Through state-sanctioned Daily walks. It's awkward.

The new social distancing Methods. Crossing the road When we spot a person up ahead - indiscriminately

Now, suddenly everyone is a threat. Trying to explain This to our children. Scolding them For running up to the postman

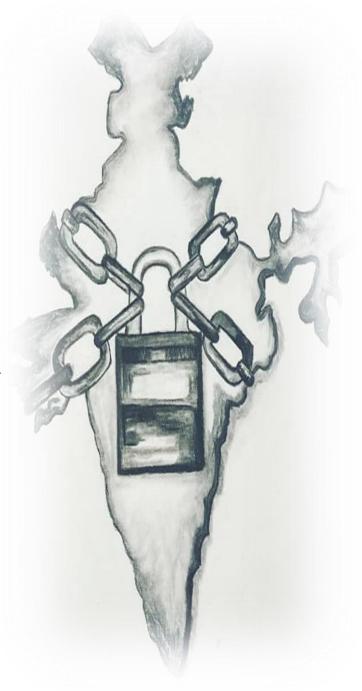
Or the neighbour, Reminding them, Two meters! Two meters! Trying to Keep the smile on our faces.

We envy our children, sauntering Cheerfully, so quick to adjust To playdates on Zoom, oblivious (of course) to the real situation.

From our windows.
We observe the carrion crow,
Whose call can be heard
So clearly now

In the new enforced silence, As it sits on a branch Bejeweled with buds And unfurling green sprouts:

This new life we cannot touch.



## SMILE!!!

.....Chaitanya Rajendra Kulkarni.

This Pandemic changed our life. What were we and now what are we is a big question. Some good situations come, some bad and some worst. But still, we need to take it as a positive note that Yes.... We are fighting back and we really need to focus on present.

During this pandemic because of work, health problems and lot of questions about our future, that affects our mental health.

We all have mental health. It is as important as physical health. Physical health is about our physical body. How we maintain our body in front of everyone. But mental health affects how we feel, think and act. It also is important that how we handle our stress. Mental health can affect our daily living, relationships, and physical health too. We don't see it but it affects very deep inside our body. Conditions such as stress, depression, and anxiety can all affect mental health and disrupt a person's routine.

We as students now at this stage of our life really need to change our thinking in a very positive way. Everything is changing but Acceptance is the most powerful key.

## According to WHO,

Mental health is an integral and essential component of health. The WHO constitution states: "Health is a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity."

Mental health problems are we can say very normal these days because of the work stress, pressure, competition, career and many more things but for that we need to stay emotionally strong.

But for that, first we need to stop proving

ourselves to anyone. We need to stop comparing ourselves to anyone, we just need to accept ourselves as we are. Everyone is different but everyone is facing the same problem. We just need to start caring about ourselves only. Nothing is more important than your life and your mental health.

Lastly...Remember to be happy... Remember that you are beautiful soul...and most important Remember to SMILE!!!



## SOLDIERS AND FARMERS: PROTECTORS AND PROVIDERS

Rajesh Warbhe

Soldiers and farmers are the most important parts of our country. One is the protector; the other is the provider. What I mean is that soldiers protect us from enemies and farmers provide us with food. In short, both play a vital role in the development of the country. I personally feel that the development of the country would be hindered without the soldier and the farmer. As a citizen, I feel it is necessary

to have both food and protection and those who provide us with these are **Farmers and Soldiers.** 

We should be grateful to them for providing us with their services. Just think for a while, what would happen if they had not been a part of the society? Let me tell you if they had not been part of the society,



We would lead a life of slavery
We would not progress
We would die of hunger and mainly
We would be nowhere.

I'll explain it to you how.

To make progress in life, we need food and freedom. I mean if there will be energy then we can work with enthusiasm and food is that fuel which fulfills the requirement of our energy. Moreover, if there is no freedom, if we are forced to work under slavery, I don't think we could make any progress. No. never. Not at all. Progress depends on food and freedom and it is farmers and soldiers who provide these things to us.

I feel that they should get respect in the society which politicians and other respected members of the society get. They deserve it more than anybody else in the society. It is because they are the reason, we are living a comfortable life today. I just want that the soldiers and farmers should get all the facilities that all the honorable citizens of the society get because we should not forget that both sweat blood to bring



happiness in our life. Both work day and night to make our life better and comfortable. That is why the second Prime Minister of the nation, Lal Bahadur Shastri gave the slogan of 'Jai Jawan Jai Kisan'. It's not just a slogan, but our life makers and life savers. They deserve our praise and they deserve honor. And lastly, I just want to salute both of them from the bottom of my heart for their

praiseworthy work. There is no doubt that we

are independent today because of our freedom fighters but we are also feeling that freedom through the work of these two pillars of the society. So, respect them since they deserve our respect.

I am proud of my farmers and soldiers.

## MY JOURNEY AS AIR HOSTESS

Renuka Pardhi,

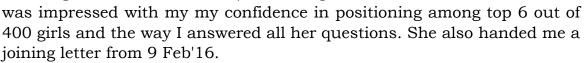
M.A. English, Sem III

I Renuka Pardhi (23), my journey in flying started when I was 18 in 2015. I was pursuing in B.Com Part- 2 from Dr. Ambedkar College, Deekshabhoomi, Nagpur. It all began from a casual message popped on my cellphone about vacancies in Indian Airlines- Vistara, IndiGo, SpiceJet, Air Asia. I ignored the message thinking that it might be fake. But for a glance, I wandered, why not let's give it a try. And I read all the details and sent my resume on the website provided. Within next 2 days I received a revert stating my further requirements as my complete photographs, height, weight and persona.

Meanwhile, I received confirmation from IndiGo a very reputed

and prestigious airline that I would be interviewed in Mumbai on 2 Dec'15. I started preparing for my life's first interview with IndiGo, however with no reservations I boarded Nagpur-Mumbai train. A day prior I reached Mumbai and was all set for the day at the Venue. Precisely I got through all the rounds and received an Approval Letter from the HR and was asked to visit Delhi for my Final Interview. My heart and eyes sparkled of joy.

On 2 Feb'16, I was reviewed by Ms. Suman Chopra (Sr. Vice President at Interglobe Aviation Limited). Ms. Chopra



I underwent a 90 days thorough training in Gurgaon, Haryana at Ifly. I was trained and examined on all aspects of course like Basic Indoc, Communication & Announcements, First Aid, Emergencies, Slide Drills, Fire Drills, Grooming & Poise, Airbus and Customer Service. I graduated my Cabin Crew Training with my wings to fly, based in Hyderabad.

Gradually Hyderabad, Pune, Bangalore, I completed 4 years and 4 months with IndiGo positioned as a Lead Cabin Attendant (LCA). Believe



me, it is a very tough, dynamic, challenging as well as rewarding profession in the aviation fraternity. Being a part of cabin crew (Air Hostess), one should always be expressive and courteous towards their customers and people around. No matter what time the flight duty is supposed to be, a crew has to be ready with complete uniform, grooming, stroller bag with necessary documents, revised circulars, Standard Operating Procedures (SOP's), latest updates and all pre-flight preparations.

A Cabin Crew is trained for every situation, age groups from 6-year-old finding his seat belt to 70-year-old locating seat or assisting baggage, lavatory, from serving passengers to collecting trashes, communicating with Pilots and any kind of emergency or any flight debris. Whatever may be the situation a cabin crew handles it perfectly with a pleasant smile on her face.

There are a lot good things of being a cabin crew which I enjoyed the most, I got to explore places all over I flew, accommodations from my company, layovers on hill- stations, beaches, internationals in all 5 Star Hotels with great food. Perhaps, a coin has 2 sides which shows the drawbacks too, I have also undergone a lot of health problems, fatigue, psychological stress, homesick, missing festivals, families, weddings and cultural gatherings. But on the other side, I meet new people, worked with people of different cultures and also, I learnt to be more tolerant towards diversities, earned greatly to meet my needs, be independent and accept the opportunities.

Lastly would describe my great career in flying that I got to learn a lot, be more ambitious, extrovert, enjoy what may come my way. My sincere suggestion to all is flying is not for everyone and not for FOREVER.



## **INSURANCE**

Devina Ahirkar B. Com Sem II (English Medium)

What exactly is insurance? In layman's terms it's a protection against losses that occur in a person's life. Well, the proper definition would be that it's a contract, represented by a policy, in which an individual or an entity receives reimbursement against the losses from an insurance company. So basically, if you have insurance, you have safety for any sort of losses.

When did the concept of insurance start? And why did it start?

Well I can give you the answer for the why factor without any research. Risk. People from all ages are vary of risks they take. Business is something that is with us since ages and with business comes risks. To protect themselves from going bank corrupt people started the concept of insurance.

As for when, insurance was first sighted in the King Hammurabi's Code in the 18th century. The laws were tough those days but the basic insurance they could find was a debtor's insurance where the debtor didn't have to pay their loans if some personal catastrophe made it impossible.

One of the most stable insurances started in the late 1600s. This insurance was for shipping purpose, this was the period when the colonization took place. The world was divided into two parts the old world and the new world. By 1654, Blaise Pascal, the Frenchman who gave us the first calculator, and his countryman Pierre de Fermat, discovered a way to express probabilities and better understand levels of risk.

Insurance companies thrived in the Europe. Which brought attention to the American companies as well. The Americans were slow to adapt to insurance, it took them 100 years to adapt to it.

In India the first company to be established for insurance was in 1818 in Culcutta (modern day Kolkata). But it was the Bombay Life Assurance Company which was the first India based company for insurance.

Now this was all history. You ever wonder what exactly are the products or things that the world provides the insurance for? Well, there's fire insurance, then life insurance, health insurance, car insurance and many more.

But you guys know all this don't you? We are all aware a little bit about insurance through newspapers or just the adult talks of our moms and dads. There are many types of insurance that are available to a person

for various purpose, which usually aren't known to people. Did you know there is a Alien Abduction policy, body part insurance, valentine

insurance, so if don't find a date to go with on valentines then you know what to do, claim that valentine insurance y'all.

There are many unusual insurance policies all around the world. But in India these are a few of them

Pet insurance: This insurance is basically what a health insurance is to us. Accidents happen everywhere, and if you love your pet you want to protect them from any harm that would occur to them. You get best financial support for the pets; you get an oversea protection for the pet and much more. Though this is such a uncommon and unknown insurance policy it's a really useful one.

What is the one most famous insurance that you know? Its health insurance. And for maintain that health you do various activities to keep you healthy and safe. One of such activities is running a marathon.

There is a insurance that covers the marathon expenses, any accidents that can occur along the way. It's a all coverage for a perfect marathon running program.

Vision insurance. Ever heard of this one. I mean it just sounds useful. Vision is something you cannot live without. The ability to see is as important as your ability to walk. These insurances cover about the basic eyewear or they can be used to make premium eyewear and enhancements such as progressive lenses, antireflecting coating and photochromic lenses. This is one of those insurances which are far far more useful in our country and again many aren't aware about it.

Another one the insurances are a little unknow is the Backpackers insurance. Many people have the hobby of backpacking, with its own risks it's a really good hobby. So, if you are a enthusiastic get this insurance to keep yourselves safe out there.

As we are on the topic of hobby, there is also a hobby of adventure sports. Many people are in love with the adventure sports. And those sports come with their own risks. Adventure sports insurance protects you from any harm that can come while you enjoy the sports with full heart.

Insurances are a huge part of our lives now. Without insurances I cannot imagine a life. We have many insurances to protect everything we own and that is what is important in life. Protecting the things, we love. At last, I would like to say

"If life is like a smoldering coal that may spark a fire at any moment, insurance is civilizations fire extinguisher."

## **MY UNIVERSE**

By Soumya Bisen B.Sc. Sem I

You are My Universe.....

Begins with nothing existed
In my life such as Love,
You came & triggered the love theory;
Just as planetary starts with mercury.

I know we would have been Appreciated by Lord Venus; Because perfect we look together, If you have seen us.

If you're oxygen, I can be hydrogen
Uniting us, life is possible on earth;
Once life begins, then generation next generation,
How beautiful place it would be by birth.
If it's not okay for you, please make a turn,
So now I can be ringlets around, if you're Saturn.

If you're Jupiter with many moons, largest one, I want to be in you together and forever;
And here I am happily done,
With you I become best, that I had been never.

I know you, my Love, you're so gracious, So you can assign me anything as Uranus; I am even ready to be imperceptible faint ring, Enough resilient I am, to be with my king.

I want you with me eternally, But anyway;
We met in this era is a matter of fortune,
I wanted to hide you, so no one can take you away;
But it gets easier when I consider you as Neptune.

Now, if you become sun, will even not leave you alone: Will carry on happily spun, as no one can be your exact Clone

I will become your scar.

As you know, I won't be me,
If we separate too far.

## NO ONE HAS THE RIGHT TO JUDGE

By Soumya Bisen B.Sc. Sem I

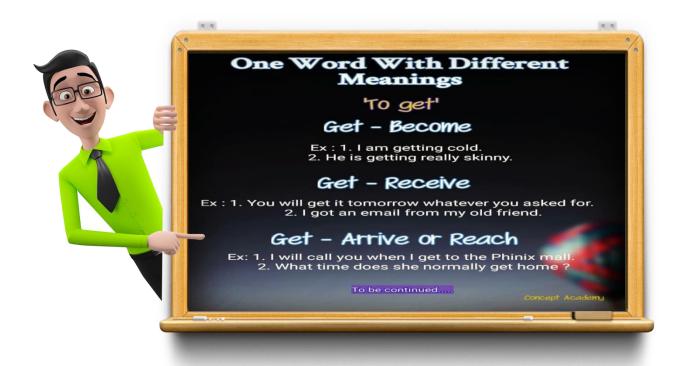
No one has the right to judge;
Why do we accept this with so much grudge?

If we really are not perfect it's fine, mistakes can be yours or can be mine.

Let's not allow people to judge you,
Because they truly are not genuine
And they must be away from you and your life would be saved
From being ruin,
Those who judge you never knew what you are, as they are deceptive,

People in this world who are Real are very few, So let them be in your life as an angel who are new.

No one has the right to judge; Why do we accept this with so much grudge? Live your life the way you want; Don't think about others, who can't, your life is your own; Don't get affected by listening to the unknown.



## **VALUE EDUCATION – AN ASSET**

What is education? Education is the ability to listen to almost anything without losing your temper or your self-confidence.

-- Robert Frost

Nowadays, the educational system is based only on providing intellectual education. But nobody is encouraging new innovations and ideas and not even inculcating value education in students.

Value education at first look reflects the meaning of boring education, but it is not so. Intellectual education influences the head and value education influences the heart. Education that does not train the heart can be dangerous. For building our character we mut achieve moral and ethical literacy. Now-a-days we urgently require value education with intellectual knowledge. According to me a person who is wealthy with moral/value education plus academic excellence will succeed more than one having only academic qualifications. We have to provide value education with academic/intellectual education for betterment of students and society. True education is training of both the head and the heart. We not only need to compete for grades but also for knowledge and wisdom. We confuse ourselves by thinking that education is only memorizing of facts, but it is not so. Education of mind with value

education is really a boon, otherwise education of mind without morals

creates menace to society.



## **FRIENDS**

Aishwarya B.Sc. Sem I

Oh god, can't we get those days back?

When morning alarm felt like a noisy bassoon... When the most difficult morning task was to find a pair of socks...

When the journey towards class felt dreadful... When ears were longing to hear the bell But

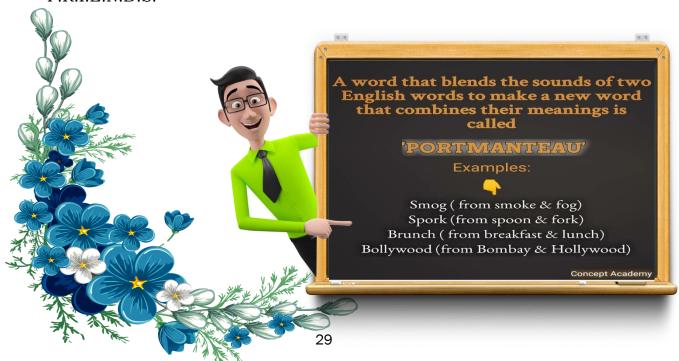
In the meantime, being in the class felt indeed nice 'Cause there was a family I chose for myself... Can't we get those days back?

When each one of us had a lunch box but grabbing onto other boxes felt better...

When we used to play during a free period...

Can't we get those days back?
when the teacher told us to shut our mouths but in
that pin drop silence our chits made the noise...
When the journey towards canteen felt amazing...
The days when marks didn't make us happy but our memories did...

The days when we realized that we were the advanced version of F.R.I.E.N.D.S!



## **BETI**

Kranti Saroj Pradeep Aglave M. A. Sem II

Den thi wo kudrat ki uska Kya kusoor tha Masumiyat se thi bhari Insaniyat hi uska majhab tha.

Pehchan na thi use logo ki Sabko apna Mana Tha Har aurat me maa aur Har admi me baap usne dekha tha.

Fir aya ek din jab duniya ka Asli chehra use Nazar ana tha Ice cream ke naam pe Koi admi use kahi le gaya tha.

Chua use kisi aise ne Jo Umar me uske baap ka tha Use kuch samajh ata Itna waqt hi kaha tha.

Wo roti rahi par Koi sunne Wala na tha Uski chikho ko daba ke Koi maje le Raha tha.

Uski masumiyat ko kuchal ke Koi fakr kar Raha tha Ek nanhi Kali murjha gayi Iska bhi us admi ko gum na tha.

Chod ke us nanhi bacchi ko Tadapte wo chal diya tha Khoon se latpat wo roti rahi Bachane Wala bhi koi na tha.

Maa baap dhundhte rahe Kisine usko bade waqt se dekha na tha Fir ayi khabar paas wale maidaan me Koi mara pada tha.



Jab dekha us nanhi jaan ko Sabke aankho me ghussa tha Par anjan the sab Kaun rakshas hai jisne ye gunah kiya tha. Ab sabne apne apne betiyo ko Ghar pe kaid Karke rakhna tha

Pure kapde aur lambi chunar odh ke Use dhak ke rehna tha. Na thi ye samaj me ladki surkashit Na koi pehredaar tha Ghum rahe the shaitaan aur Bandh ke ladkiyo ko rehna tha.



# कया लिखूं

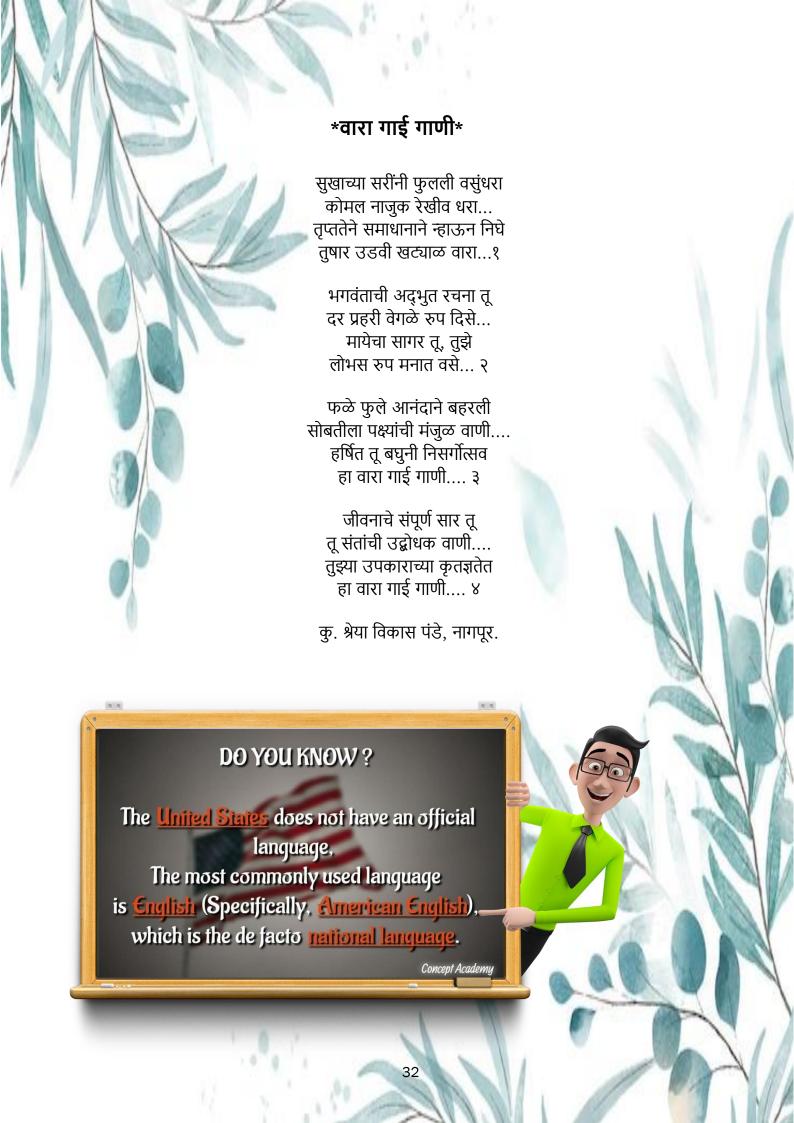
कॉलेज मे मैगजीन छप रही है मिला मुझे कल ही ये समाचार! सोच मैं भी कुछ लिख डालू जैसे आर्टिकल दो-चार!

कविता लिखू या कहानी लिखू या फिर कोई लेख इसी सोच में बैठे बैठे सिर घुटने पर टेक!

> पूछा मम्मी विषय बताओ, या कोई प्रसंग जिसे पढ़े सब मजे में ना हो कोई भी तंग

सोची बहुत लिखने की, पर मिली ना कोई बात, इसी सोच में बैठे-बैठे सुबह से हो गई रात।







## शाळेचे दिवस

कु. श्रेया विकास पंडे, नागपूर

आजही आठवतात ते सोनेरी दिवस जेव्हा आम्ही शाळेत होतो..... आयुष्य मनमर्जीने जगतांना क्षण - क्षण अनुभवत होतो.....१

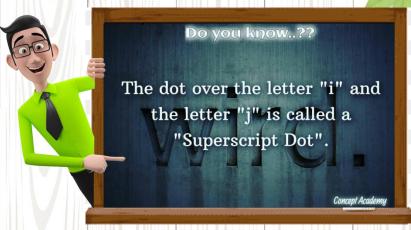
शाळेचा पहिला आणि शेवटचा दिवस हा सारखाच असतो.... आधी आईचा पदर, नंतर मित्रांची साथ सोडतांना जीव खुप दुखतो....२

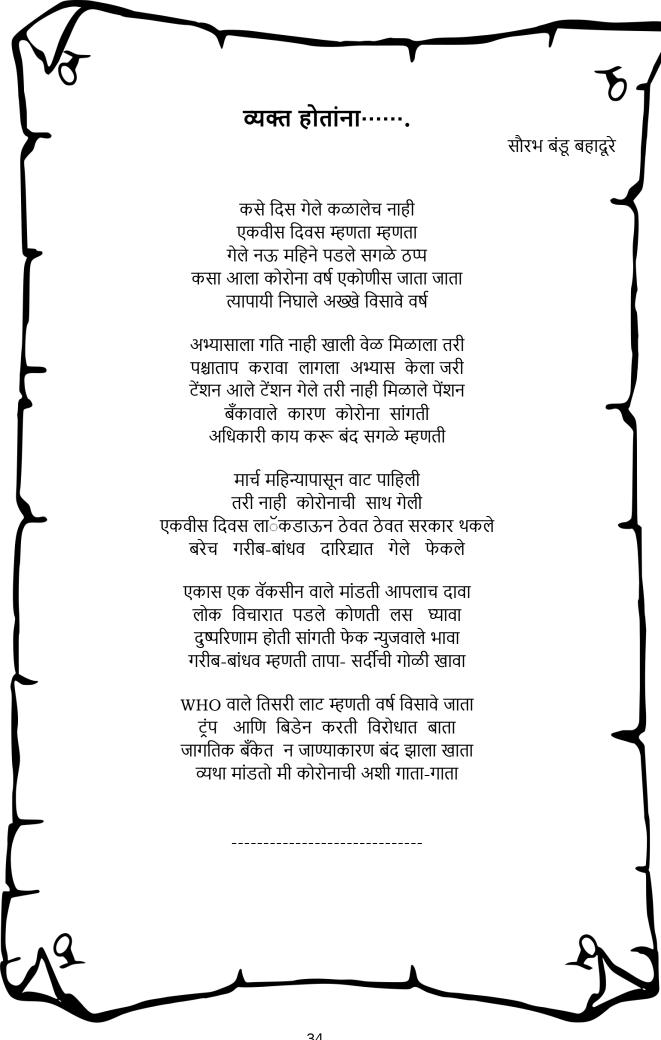
आईच्या मायेप्रमाणे ते मित्र नेहमीच आपल्या सोबत असतात.... पण, मला सांगा कुठे हो परत ते क्षण वापस येतात....३

वर्गातले खराब बाक बदलतांना जेम्स बाॅण्ड झाल्यासारखं वाटतं.... शिक्षकांच्या नक्षळत मस्ती करतांना पराक्रम केल्यासारखं वाटतं...४

मधेच वही ठेवणे किंवा खडू पळवणे असे काय काय कामं केले.... सगळ्या शिक्षकांचे आम्हीच नामकरण केले....५

काय वेगळीच मज्जा होती ती त्या चार भिंतींत आयुष्य सुंदर होते.... शाळेत जाऊनी परत बसावे असे आज पुन्हा पुन्हा वाटते....६





स्त्री माझी माऊली...(

द्विट्यांशी बारई

लखलख चमकणारी चांदणी आहेस तू स्पर्शाने लाजणारी स्वरूपी कळी आहेस तू , पहाटे उगवणारी सौंदर्यीय सूर्य किरण आहेस तू खरंच, एक धैर्यवान असणारी अनमोल स्त्री आहेस तू...

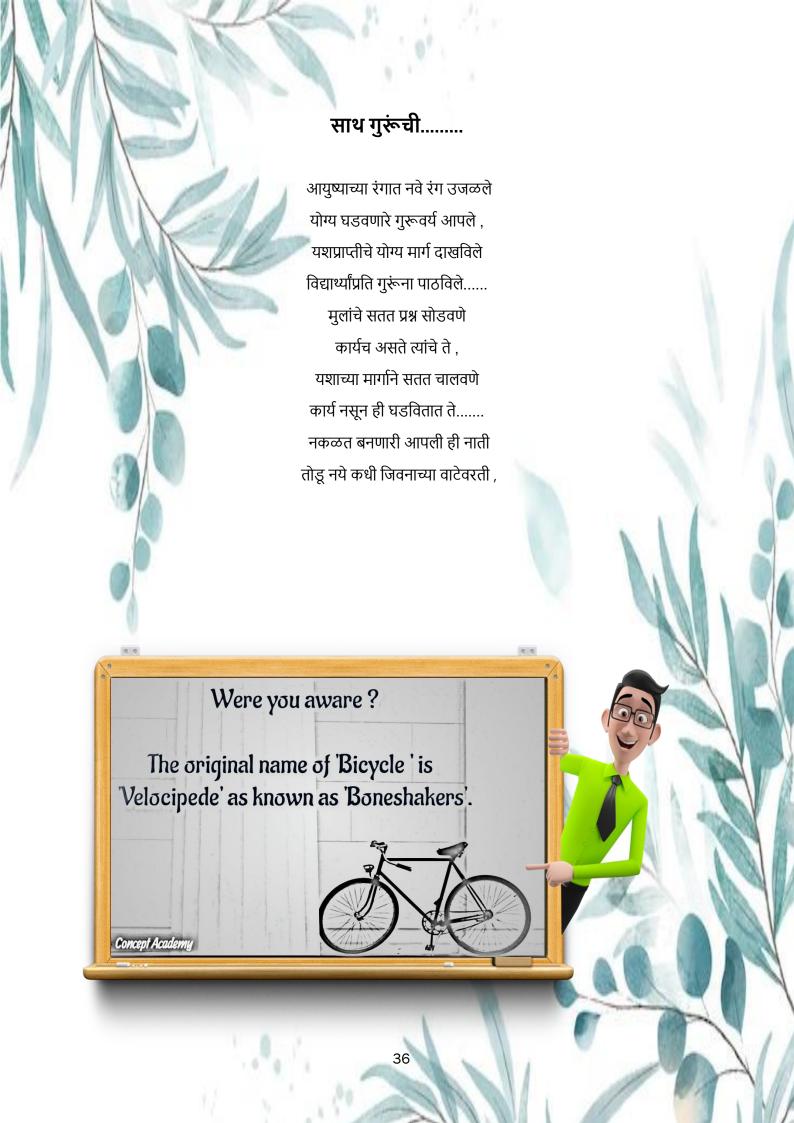
प्रेमाचा पदर पसरवणारी आई आहेस तू प्रत्येक चुकांना माफ करणारी धन्यमाय आहेस तू, कुटुंबातील सर्वांची काळजी घेणारी कणखरी आहेस तू खरंच, एक धैर्यवान असणारी अनमोल स्त्री आहेस तू... संकटात तोल सांभाळणारी माऊली आहेस तू.

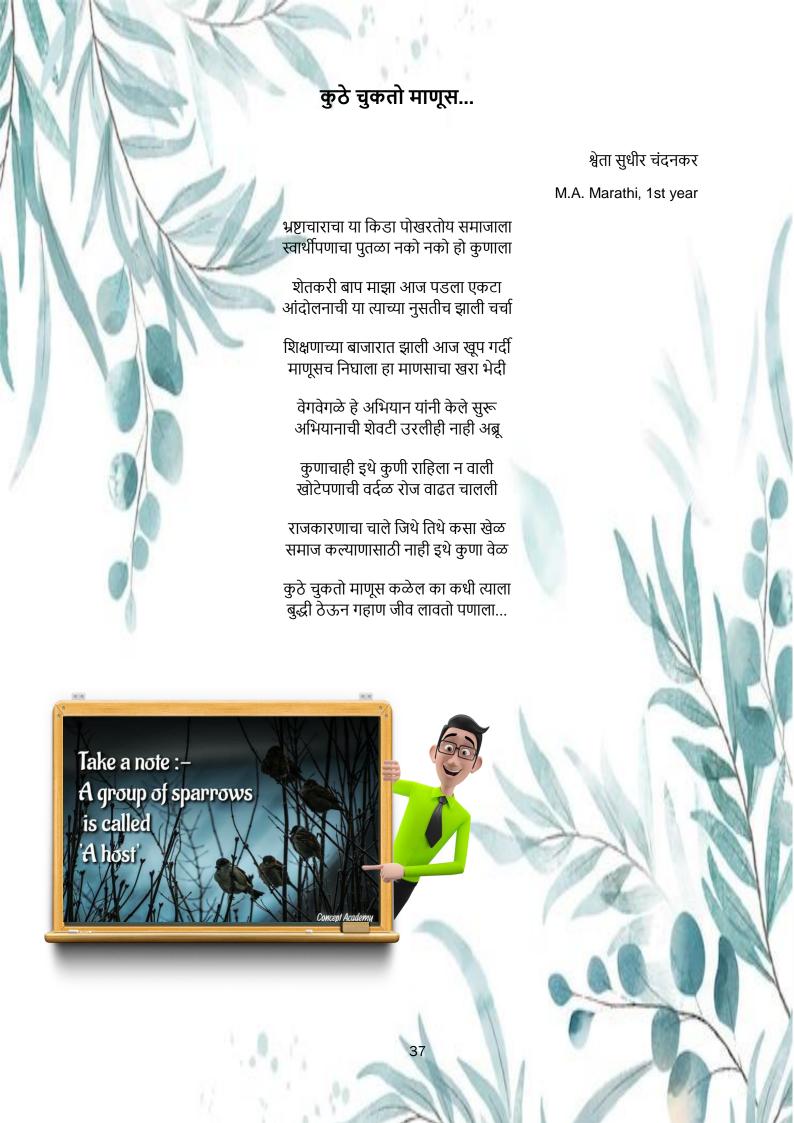
## सुंदर माझी मायबोली......

- दिव्यांशी संजय बारई

आयुष्यात चालताना पहिला पाऊल पडला होता या मातृभूमीवर जिथे जन्म झाला होता माझ्या मातृभाषेचा.... माझ्या ओठातून उगम पावला पहिला शब्दांचा बोल कारण आधार होता माझ्या मराठीचा.... लहाणास होती मोठे केले माझ्या या मायबोली ने , खरंच, अभिमान आहे मला माझ्या मराठी भाषेवर....

35





#### 'ती'



मी चंद्राला ताऱ्यांशी आणि
ताऱ्यांना चंद्राशी बोलतांना पाहिलयं
मी उन्हाला सावलीशी आणि
सावलीला उन्हाशी बोलतांना पाहिलंय
मी एकटी नसतेच कधी पण
गर्दीत हरविलेल्या तिला मी शोधतांना पाहिलंय
उंचवलेल्या भोवया अन् वासनेच्या नजरेतुन
स्वतःला जपता जपता मी तिला जगतांना पाहिलंय
समाजाच्या खेळात हरता-हरता
मी तिला जिंकताना पाहिलंय
सुरक्षित म्हणता म्हणता
मी तिला असुरक्षितेच्या जाळ्यात अडकतांना पाहिलंय
माणूस जगतो, अनुभवातून शिकतो
काही नुसतेच बोलतात

- श्वेता चंदनकर

### पुस्तक भिशी....

श्वेता चंदनकर M A first year

"वाचाल तर वाचाल', अगदी खरे. परंतु आजच्या मोबाईलच्या युगात वाचतं कोण, किती आणि काय? हे अनुत्तरीत प्रश्न. आजच्या नवीन पिढीमध्ये वाचन संस्कृती रुजविणे काळाची गरज आहे. आपण वाचना पासून दुरावलो तर आपली प्रगती खुंटते. परंतु ही बाब आजच्या तरुणाईला पटवून देणे गरचेचे आहे.

त्यासाठी प्रत्येक ग्रुपमध्ये " पुस्तक भिसी" संकल्पना राबविली पाहिजे..

रोजच्या धावपळीच्या जीवनात माणूस स्वतःला वेळ देणे विसरतो. स्वतःसाठी वेळ मिळत नाही तर आवडीचे छंद जोपासणे दूरच.

मला आठवते की मी प्रत्ये<mark>क उन्हाळ्याच्या स</mark>ुट्टयात मामाच्या पुस्तकांच्या गठ्यात काही वाचायला मिळत का, हे शोधायचे. त्यावेळी माझी वाचायची हौस माझ्या आजीनं पुर्ण केली.

अंगणवाडीत मला दरवर्षी <mark>नवीन पुस्तक हमखास मिळायची. पुस्तकांचा गंध मला खूप जास्त आवडायचा मला आवडलेले पुस्तक मी ठेऊ का ग</mark> असा हट्ट आजीकडे धरायचे.

मामाच्या महाविद्यालयातला वार्षिक अंक मी आवर्जून वाचायचे.

" <mark>झेप" अंक अजूनही माझ्या लक्षात आहे. कधीतरी आ</mark>पल्याला ही अश्या कविता,लेख लिहिता येईल का? असा प्रश्न मनात यायचा.

कधी शाळेची पुस्तक लवकर मिळालीच तर ती वाचून मी परस्पर मोकळी व्हायची.

पाचव्या वर्गात असतांना शिकवणी वर्गला जात असलेल्या मॅम कडे वाचनालय होते. त्यात मी श्यामची आई, धडपडणारी मुले अशे भरपूर पुस्तके वाचलीत.

त्यानंतर हा वाचनाचा प्रवास निरंतर सुरू आहे,

मी अजूनही मॅम कडे जाऊन पुस्तकं वाचते. आणि हवी ती पुस्तके घरी आणते. मला नेहमी वाटायचे वाचानाऱ्याचे छोटेखानी वाचनालय असावे. ज्यात अधिकाधिक पुस्तके वाचायला मिळावी.

#### आपला वाचनाचा छंद पूर्ण करण्यासाठी आम्ही

२५ <mark>वाचकांनी एकत्र येऊन पुस्तक</mark> भिसी सुरू केली.पुस्तकं भिसीची संकल्पना डॉ. किशोर कवठे यांनी मांडली आणि शहरातील साहित्यिक पत्रकार, कामगार आणि विद्यार्थी क्षेत्रातील मंडळी या वाचन चळवळीत सहभागी झाले.

या भिशी चा मुळ हेतू होता की प्रत्येकानी स्वतः वाचलेले व इतरांनी वाचावे असे महत्वपूर्ण पुस्तक भिशीत द्यावे. महिन्याच्या १५ आणि ३० तारखेला भिशी असते.

२५ पुस्तके आणि वाचकही २५.

#### प्रत्येक पंधरवड्याला नवे पुस्तक वाचकांच्या हाती पडते.

या भिशीत जगप्रसिद्ध तसेच भारतीय साहित्य वर्तुळात गाजलेल्या सर्व विचारधारांच्या पुस्तकांचा अंतर्भाव आहे. या पुस्तकांवर चर्चा आयोजित केली जाते. आजवर १५ भिशी चे आयोजन अत्यंत यशस्वीरित्या पार पडले.

तरुणांमध्ये वाचक संस्कृती रुजविणे काळाची गरज आहे. आजच्या मोबाईल युगात वाचन संस्कृती जोपासण्याची अत्यंत गरजेचे आहे. वाचनाचे संस्कार प्रत्येकावर झाले पाहिजे म्हणून भिसीच्या माध्यमातून प्रत्येकाला वाचनाचा लळा लागणे गरजेचे आहे..

#### कधी-कधी

कधी-कधी आरामात मी माझ्याच
लिहिलेल्या कविता वाचतेजसं की एखादा मूर्तिकार
स्वतःच्या मुर्त्याना बघत बसला असतो
िकंवा जसं की एखादा चित्रकार स्वतः बनवलेल्या त्या चित्राच्या रंगामध्ये रंग शोधत असतो
जसं की तो रंग विचारत आहे त्याला
की मला ह्याच पद्धतीने का रंगवलस
मी लिहिलेले शब्द ही मला नेहमी असेच प्रश्न करतात का बांधलस कागदावर?
कधीही न मिटण्यासाठी?
मग मी हळूच हसते आणि
ते सारे भाव मिळून त्याचं एक शब्दरूपी चित्र बनवते
आणि म्हणूनचं प्रत्येक कवितेत त्याचं असं काहीतरी राहूनच जातं नेहमी
चित्रात सुटलेल्या रंगांसारखे
कवितेत शब्द
कधी- कधी...



#### कविता

-- दीप्ती सराफ.

कविता तुझा माझा हात हातात धरून चालते कविता तुझा माझा हात हातात घेऊन फिरवून आणते अख्खा भूप्रदेश..

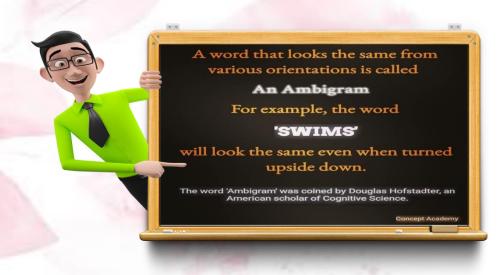
कविता खळखळून हसवते कविता डोळ्यात आसवंही आणते कशी असते कविता तुझ्या माझ्यातून फुलून येणारी ?

तुझ्या माझ्या काळजात आरपार घुसणारी तुझ्या माझ्यावर गारूड करणारी आणि तुला मला कवेत घेऊन जोजवणारी...

कविता पाऱ्यासारखी असते हातातून सटकन निसटून जाणारी आणि तळहातावर जखम करून खोल रंध्रारंध्रात भिनत जाणारीही कविताच असते...

कुठेही शोधता येईल अशीच असते कविता आणि जन्मभर शोधुनही सापडत नाही अशीही असते कविता... अंगभर लेवून फिरता येईल अशी किंवा लंकेच्या पार्वतीसमानही असते कविता...

तुला कळली कशी असते कविता ? मी अद्याप तर तिला शोधते आहे असं करूया का !! ... आपणच कविता होऊन जगायचं आता ? हातातून काही निसटून जाऊ नये म्हणून हातात हात घेउन म्हणूया आपण कविता... आपल्यासाठीच...



#### मैत्री

कांचन देवघरे. 1st year BcCZ Group

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मैत्री आपल्यातली नकळत गेली विणली प्रेमाच्या धाग्यांनी अलौकिक बहर आणली..

झाला कधी कधी या धाग्यांचा गुंता प्रेमळ समंजसपणामुळे हा रुसवा फुगवाच पुरता...

झाली देवाणघेवाण ज्ञानाची सुख दुःखाची आणि नात्यांची हळुवार प्रेमाच्या बंधनात लाभली अपुल्याला साथ सात जन्माची..!



# जाओं कोरोना जाओ

ब्रम्हांड मे मचा कुछ मेसा भुचाल, वुहान मे जन्मा विषाणू रूप लघु कर्म विशट; उन्नत कहलाता चीन भी... नहीं पाशा परिस्थिती संभाल, हर दिल की एक ही पुकार, अब और न सताओं, आओं कोरोना जाओं...

वेखते - वरवते महामारी आ पहुँची हिंद भारत परे, जहाँ तेनी खड़ी शी भारत सरकार, लॉकडाउन की लक्ष्मणेरखा में दिया खकी बाँध; क्योंकि कीविड-19 का सोशल डिस्टनसिंग ही मकमात्र निदान; हर रोशी की मिले जीवनदान, मन की यही आस ; अब और न सताओ , जाओ कीरोना जाओ ....

महामारी की तारने आए योदधा महान रूप ले डॉक्टर, नर्स, सफाई कर्मचारियों का को देश का कल्यान नीज प्रान हथेली पर रख रोगीयों का करते ध्यान शत शत नमन है वीरों। बचाई आपने क्षारी जान, अब और न सताओं, जाओं केरोना जाओं... प्राणी की क्या चिंता उन्हें जिनके छाती पर सिंह विराज पहन खाकी रखते लक्ष्मणरेखा की आन ... कोई खिलाता भुखों को खाना तो कोई बनता अपने कर्तव्य का पालनहार ... हर वीर को कोटी - कोटी प्रणाम अब भोर न सताओं ; जाओं कोरोना जाओं....

यह महामारी है साद्य लाई बेरोजगारी, भूखमारी, आर्थिकमंदी जैसे संकट विशाल! परंतु हर कालरात्री लाती संवेरा अपने साद्य! यह विपदा भी होगी पार निराशा के मेघ अवश्य होंगे पार मकनिष्ठ हो साथियों.... दशसेवा का रखों ध्यान लढ़ाई लड़नी है धर से इस बार बस! अब हमको न इराओं जाओं कोरोना जाओं....



- श्रेया धारपूरे १२ (ब), साइन्स ठा आंबेडकर कॉलेज दिसाभूमी , नागपूर।

# सीम (वेबी) नार

पिछले डेट-दो सालो में विभिन्न प्रकार के कार्यक्रम के आयाजन, चर्चायं, विमाचन , उर्घाटन , सेमिनार आदि वकनिकी के माध्यम से हो रहे हैं। और यह सभी कार्यक्रम हम घर में बेठकर देख पा रहे हैं। हमेशा से आयोजन में होने वाली समाजार की तलाश इस से ज्वालीस हजार रुप्ये तक का किराया , पिर बेनर , निमंत्रठा पत्रिका , पुलीस से आजिस्यामक विभाज और मनोरंजन पर कार्यालय से संपर्क ; अध्यक्ष, मुख्य अतिशी , वक्तोक्षों का सम्मान कुछ व्याक्तियों के लिए यानायान की व्यवस्था, ज्ञांत्र पुष्प मुद्ध में कई पिनो की दीड ह्यू , तरह तरह के लगान और सबसे लड़ी समस्या दर्शकों को इक्स्य करना। यदि स्वरुपी भीम का प्रबंध न हो तो यह से मले ही २०० से २५० लोज हो , कार्यक्रम के समाप्त होने लक बोड़े से ही लोज रह जाते हैं।

अध्यक्ष या मुख्य अति की कारी अते आते ने लोग बचते हैं, न समय । किंतु करोना के कारण लॉक डाइन के दौरान होने वाल पेस बुंक लाइन अध्या गुगल मीट ,सूम वेबिनार पर ह्यान दीनिए। हम मोबाईल खोलाने हैं और उक पक्ष में ही पूरी दुनिया से जुड़ जाने हैं। पुरे विश्व के विश्वान ,वैज्ञानिक, डॉक्टर कलाकार हमसे जुड़ जाते हैं। पेस बुक के आधावा विज्ञान के वरदान के रूप में विभिन्न प्रकार के उप हैं। जहाँ पक्ष लिंक के स्पर्श से हम प्रकु साध दुनिया भरके फेसबूक पर एक दिन में ६-६ फेसबुक लाईव हो रहे है। देखने और सुनने वाले हजारों में है। और देश में ही नहीं देश के बाहर भी। इस करोना काल में जितने छोटे-बड़े आयोजन दो वर्षी में हुए हैं, वे पिखले ६० वर्षी में हुए कार्यक्रमें। से कई गुना ज्यादा है। यदि वेबीनार न हुए होते तो हार में बंद होने के बाद कितने दुष्परिगाम होते। हम सभी की विज्ञान भीर तकनी के की नमन करना चाहिए कि उन्होंने बड़े-बड़े

वेवंद्र पांडे



### पेड़ कितना ऊँचा हमारा

जब ही हम ब्रुक्षारोपठा करने है तो पता नहीं होता कि वृक्ष किस आदिक से आदिक कॅचाई तक बढेगा दे वृक्ष की उचाई बहुती ही रहती है या उसकी भी एक सीमा है। चाहे विशाल वड़ का पेड़ हो, नीम, साम, पीपल आदि बृक्ष हो या केलीफीर्निया के वना में पाय। जाने वाला रेडवुड वूस हो। सभी वेडो की अधिकतम ऊंचाई की एक सीमा है। यहं। लद्ध की जहां ये वृक्ष उगे हो वहां की भूमि उपजाक भी हो। तभी भी उस वृक्ष की ऊँचाई उक सीमा के बाद नही बहेगी। पड़ के बदने के लिए भोजन, हवा, जल, मियी के वृक्ष के तने उवं पात्नियो तक पहुँचने हैं। पेड़ को मिधी के पोषक पदार्थीं यवं पानी को पेड के तमे यवं पत्तियों तक पहुँचाने में गुरुत्वाकर्वण के विपरित काम करना पडता है तथा यही पक प्रमुख कारण है। कि वृक्ष की उँचाई की उक सीमा होती हैं। पेड मे जल की चूसने का काम जड़ी उवं झाइलम व्याग होता है। वृक्ष की आद्यक तम ऊँचाई 130 मीटर तक ही हो सकती है।

जब झाइसम में तनाव बढ़ता है तो ब्रह्म की बढ़ोलरी का दर कम हो जाता है। वैज्ञानि को ने 112 मीटर रेडवुड वृक्ष में अलग अलग उँचाईयों पर झाइलम तनाव मापा। तथा वैज्ञानिकी में पाय। कि आद्यक ऊचाई पर आयलम तनाव कम द्या। पेउ की उपर की शास्त्राओं। प्रवं पालियों में झायलम तनाव उनांचक होने के कारण वहाँ वृह्मिपर कम होनी है। वैज्ञानिक मानने है कि जैसे पेड़ बढ़ना है, गुरुन्बा कर्षण के कारण उसमें पानी का तनाव भी बढ़ना है। यही कारण है कि पेड़ों की अधिकतम ऊँचाई की एक सीमा होनी है।

गर्म पवं सुखे वातावरा में पेड़ की बढ़ोलरी उँचाई में कम प्रवं चोड़ाई या आसपास फेलने में आद्यक होती हैं। और ठँडे भीर जलयुकत वातावरा में पेड़ की ऊँचाई ज्यादा होती हैं।

> कु . राचे रागेड जी . इस . सी . प्रथम वर्ष

# देश की बेटी कुछ कहती हैं.

मां मुझे इस दुनिया में आने तो दो, धर, ऑगन में शोर प्रचाने तो दो, मत करो कोख में मेरी हत्या, मुझे पिता की गोद में खेलने तो दो।

ME NOS

बेटी बनकर आई हुँ माँ-बाप के जीवन मे, बेशेरा होगा कल मेरा किसी और के आँगन मे, कलाई भाई की राखी से सजाने तो दो, माँ मुझे इस दुनिया मे आने तो दो।

हर क्षेत्र मे नाम कमाना है मुझे, आपकी उम्मीद घर का कुलदीपक बनाना है मुझे, कला, विज्ञान और हस्त कला मे दक्ष बनाना है मुझे, मत करी मेरे सपनो की हत्या इन्हें जनम लेने तो दो, माँ मुझे इस दुनिया में आने तो दो।



नहीं समझते क्यों, बेटीयों को नहीं बचाओं), तो विवाह हेतु किसकी माँग सजाओं जो, बेटी नहीं तो बहन, पत्नी, माँ के स्थान होगा की बेटी नहीं तो ये कविता अब लिखती ही कौन? मत मारों माँ मुझे इस दुनिया में आने तो दो।

- SHREYA . J. MENDHE

### COVID-19

## " पटला सुरत निरोजी काया "

अर्थात जीवन में प्रथम सुख अगर है तो वह निरोगी शरीर यदि आप स्वस्म है तो ही आपका जीवन है। अस्वस्म शरीर जीवन नहीं होता।

एक वायरम जिसने पुरे संसार की अपनी खेर में ले रखा है। एक ऐसा वायरम जिसे पहले कमी नहीं देखा गया। इस वायरम का नाम है "कोरोना वायरम् "। कोरोना महामारी के इस दौर में सबकी अपनी एक कहानी है, जो इस वायरम के खत्म होने के बाद हर किसी की याद में रहेगी। अर्जा किया है

रवाली सडके देखकर. सन मे उठा सवाल है। जो सडको पर ही बसने थे, उन लोगो का क्या हाल है।

> विद्य गई है जगह - जगह लागें उनव नहीं रहा दिलों में सब, ना जाने कब विद्यों इस कोरोना वायरस की कब्र ।

अगेरवो में मंजिले थी, जिरे और संमलते रहे। कोरोना में कहा इम था, अंक्टर महामारी में भी ईलाज करते रहे।

करोडों की भीड में कोरोना,
मुद्धी भर लोग ही प्रेलाते है।
वही लोग बन्दते हैं इस महामशि में,
जो भीड में नहीं जाते है।

छोड दिया है निखना हमनें अपनी अयरी में ... दिमाग लग गया है अब तो कोरोना वागश्स की दर ए शायरी में ....

> Harsha M. Hizanwaz B. Com. I

# जिंहगी

कारा जींद्रशी पन्नों में होती! पढ पाता में होना क्या है। कब हसना है, कब रोना है।; पढ होना में रवोना क्या है।

ालेख लेता में किस्मत अपनी, उन लफ्जो को मिद्यया होता, जिन पन्नो में खुशी न होती। जिन लफ्जो ने खलाया होता।

जोड लेना में याहं वो भी जहाँ अपनों की -याहत थी। सोने से सजाता उन पनों को जहाँ माँ की मुस्कुशहट होती।

बिखर खुके है जो इशहे; रख क्षेता में पास आभी। जोड क्षेता में उन सपनों को जो धे मेरे ख्वाब कभी!

Sahil Kshizsagaz

# नई शिक्षा निति 2020

नई दिल्ली National Education Day 2021: नई
विद्वा नीती (New Education Policy, NEP) को
केंद्रीय कै बिनेट ने जुर्साई 2020 में स्वीद्धाति दी।
केंद्र सरकार ने ड4 साल प्रानी व्यवस्था को
विद्वान हुए नई खिझा निति में पिछली से
कथा वेहतर है, जानिए कुछ पाइन्ट्स में -

- 1. नई शिक्षा निति में 10+2 बोर्ड को खत्म कर किया गया है। डाब नई स्कूल स्ट्रक्चर 5+3+3+4 होगा, जिसके तहत 5 वी तक प्रि-स्कूल, 6 वी से 8 वी तक मिड स्कूल, 8 वी से 11 वी तक हाई स्कूल और 12 वी से आगे ग्रेज्यां होगा।
- 2. सभी श्रेनुएशन कोर्स में 'मेजर' और 'माइनर' का डिवीजन होगा। जैसे साइंस का सूडेंट फिजिक्स को मेजर सब्जेक्ट और स्थूजिक को माइनर सब्जेक्ट के रूप मे जुन पाएगा। साथ ही किसी भी सब्जेक्ट को जुना जा सकेगा।
- 3. वच्चे 2 से 8 साल के बीच काफी तेजी से भाषा को सीख लेते है और कई भाषाए जानना मास्तिष्क पर काफी सकायत्मक प्रमाव छोड़ना है। इस लिए शुरू से ही तीन भाषाएं पढ़ाई जाएगी।

### नई शिक्ता निति की स्थिती

विश्वविद्यालय अनुहान आयोग ( 040) के अध्यक्ष धीरेंद्र पाल सिंह के मुनाबिक राष्ट्रीय बिक्षा निनि के क्रियान्वयन की रफ्नार बढ़ाने के लिए केंद्र द्वारा राज्य सरकार तथा कुल-पिनियों से लगानार बातचीन की जा रही है। अलग - अलग स्तरों पर नये सिरे से नियामकीय ढांचा बनाने की विश्वा में भी काम जारी है। नई खिक्षा निनि के शीक्षाणिक संस्थानों में इसी अकाहमिक सन से कुछ गतिविद्या खुइ हो गई है। ऐसी व्यवस्थाए की जा रही है कि जुलाई 2022 में शुक्र होने वाले अगले अकाहमिक सन में गह जिति हैया मर में अख्डे से लागु हो जाएगी।

किन राज्यों में नई शिक्षा निनि लागु हुई, इस बारे में बान करे तो मध्यप्रदेश सरकार राज्य में नई राष्ट्रीय निनि लागू करने की द्यों कर ख़की है। मध्यप्रदेश कर्नाटक के बाद NEP - 2020 की लागू करने वाला द्रसरा राज्य बन गया।

By - Pagnjal Meshagm - B. sc. (electronics)

# कोरोना महामारी में लॉकडाइन लगने के कारण मजदुरों की हानन

कोरोना वायरस की वजह से देगमर चल रहे लॉक्डाऊन के दौरान सबसे ज्यादा मार प्रवासी मजदूरो पर पड रही है। पहले रोजगार की तलाबा में अपना घर गाव छोड़कर दुसरे राज्य में गए और अब बरोजगारी की वजह से अपने घरों की और पेदल जाने को मजबूर होना पड रहा था, प्रवासी मजदूरों को घर जाने के लिए काफी दिक्कनों का सामना करना पडा है।

नाक बाह भी प्रवासी मजदरों की समस्या खत्म होने का नाम नहीं में रही भी। स्पेश्वन देन खाए जाने के बावजूद प्रवासी मुंबई से अपनी घर की और पेहल व साइकिन से निकल खार जा अपना सामान सर में रखकर छोरें - छोरे बच्चों को लेकर वे लोग कड़ी हुए में निकल खार की निकल खार के समय अपने गाव की नरफ जा रहे थे। योड़ा विश्राम करने देन के रपरीओं पर रूक रहे थे। आड़ी यन की पो लोग सोए हुए थे नब अचानक से देन आकर उन्हें क्यम दिया।

उनका प्रा सामान विखरा पडा या थोडी बहोत रोधियाँ भी उनके साथ यी जी ट्रेन ने दन्वल्ने के कारण वो इद्यू - उद्यूर विखरी नजर आई। उस अयानक हादसे में कई सोग मारे गए। बोटे छोटे बच्चे भी उस हादसे मे मरे पडे नजर आए। अगर उन्हें तब शासकीय महत् मिल जाती तो शायद आन् वो मनदर वेशेजगरी, भ्यमारी से मरे पड़े ने होते। महाराष्ट्र के औरंगाबाद जिले मे पिछले साल 8 मई की 16 मजहूरी की रेलवे पटरी वर मालगाडी की न्यपेट में आ जाने के न्यसने दर्बनाक मौत हो गई शी। इनके परिवारी में से कई भंजादूरों का डेथ सिंगिकेट भी अब तक नहीं मिला। इसके शहरीम के ।। और उमरिया के 5 सहस्य थे, उ लोग द्यायम में। उन्हें औरंगाबाद सिविल अस्पनाम मे भर्नी कराया गया था। औरंगावाद के करमल स्टेशन के पास औरंगाबाद - जासना देलवे द्रेक पर यह हादभा हुआ था। हालाकी घटना की जानकारी मिथने ही पुनिस डार देखे. के वारेष्ठ डाधिकारी घटनास्थन पर पंडचे में, मुनको के परिजनी को 5-5 लाख की मदद और उसके बाह । लाख मजदूर भेजें गा गाव ।

- Rashmi Waykar B. Com. II

## ममना (महाती)

मगूर जोर-जोर से ये रहा है, दूध का गितास भरा हुआ चाहिए था उसे। पाँच सात की गुडिया ने स्कूत जाने के लिए अपना बँग उठाशा है या कि मां ने टोक दिया, " बेटा दूध ती पीती जा।"

गुडिया को दूध इतना पसंद था कि दो साल की उम्र तक उसने अन्न धुआ ही नहीं। उसकी दादी उसे प्यार से बिल्ली कहती थी। गुडिया केलिए उसकी दादी ने अपना एक रवेत बेचकर एक गाय रवशदी ताकि पोत्ती को गाय का शुद्ध दुध किल सके। अब गुडिया का छोटा भाई मयूर भी है। गाय ने दूध देना कम दिया था।

कुछ समय तो दोनों को एक- एक जिलस भरकर दू सिलाता था। गुड़िया ने जिलस की तरफ देखा और फिर रोते हुए भाई को दु की मात्रा आहां जिलस कर दी गई भी। अपने जिलस का दूध मगूर की जिलस में डाल दिया और गुड़िया ने कहा, "अब मुझे दूध अपना बेग उठा स्कूल की ओर चल दी। मां ने कहा, "देखें अम्मा कितनी ममता

सां ने कहा, "देशों अम्मा कितनी ममता है इसमें, कैसे अपने हिस्से का दूध मगूर को दे पिया आपकी बिल्ली ने। अम्मा ने कहा, "बहु जब छोरियों अपना मां पेट में रहती है न, सभी उनके मन में ममता के बीज बो देती है।"

पुष्पराज निवारी

## हिंदी भाषा

प्रकृती की पहली हवनी कें है मेरी हिन्दी भाषा, इसी ऊँ की देन है। देवनागरी लिपी है इसकी ,देवी की कलम से उपनी बांगला, गुजराती, भोजपूरी, डोगरी, पंजाबी अनीर कई हिन्ही ही है इन सबकी जननी। प्रकृती की हर इक चीज अपने में सम्पूर्ण है मेरी हिन्दी भाषा भी अपने में सम्पूर्ण है। जो बोलते हैं वही लिखते हैं, मन के भाव अही उम्रोते हैं। हिंदी भाषा ही तुम्हें , प्रकृती के अभीप ले जाएगी, मन भूद्धी, तन भूद्धी का भ्रष्टायक यह वन जाएगी। कहते है इस मातृभाषा को बदल डाली। बदल अको क्या तुम अपनी माता को ? मानुभाषा का क्यों बदलाव करो। देवों की भाषा का क्यों तुम तिरस्कार करी। बदल अको तो तुम अपनी श्रीय को बदल जाली। हर डक भाषा का तुम दिल से सम्मान करो हिन्दी की अड़ो पर आओ हम गर्व करें हिन्दी भाषा पर आओ हम गर्व करे।

## ऑनलाईन कलायेस के फायदे और जुकसान

रक्तीं जे भी ये माता कि लॉकडाउन के दीशल पाठ्यक्रम को पुरा करने केलिए ऑनलाइन क्लासेस , जीरेया बती। (जॅनडाउन को कार्या कह गरीनों से बन्यों के स्वात बेंद्र थे। हालांकि अब (मंभडाउन् स्वतम हो चुका है। पर स्थितो पूरी तरीकी से संभवीं लहीं है। ऐसे में वन्ने ऑनवाईन क्लासंस वार रहे थी इत वलासेस के कारण बच्चों का दूव-ालिंग का समय वय रहा या। आंनलाईन वलासेम काफी। अविद्यालका है। इसके माह्यम से बच्चे घर बैठे विना स्वात जाए पर सकाने है। आंनलाइन देलास से पेरंट्स के जैव का बीझ थोड़ा कम हुआ है। देलालेंग में रवसे होते वाले पैसी की बसा हुई है। पर जहां ऑनलाईन क्लासेस के इतने फायदे हैं वहां इसके वास नुकासान भी है। जिस तरह का पारेवेश हमें स्कूल कॉलिज या को चिंग सेंटर पर मिलता है, जहां हम पुसरी के सम्पर्क में रहते हुए कुछ सीरवते हैं। ऑनलाइन कक्षाओं से बच्चा की आर्बे और स्वास्य पर बुश असर पड रहा है। आंतलाइन क्लासेस के बीच में ही बेटवर्क संबंधां समस्याओं से बच्चों को परेशानी हीता है। बच्चों के हार्यों में मोबाइल होते से वी इसका अला इस्तेमाल भी कर सकते है। जैसे मेम रवेदा, ऑनलाइन दूसरी प्रेसी जानवारियों की जानना निस्ता कभा उनको आवश्यका नहीं है।

## लड़की का अस विल रोता है

हमारा आरवी से बारिश नहीं होती। हमारा से बारिश नहीं होती,

दिन भर पापा के ताने सुनमें हैं, अरेशीम सिंह के जाने, कीर राम की अरेशीम सिंह के जाने, दिल एजाने के उम्र में एज जाने हैं कमाने, उगमा हुआ सूरण हमें रत्वाब दिखाता है, और दलता हुआ औकाम, न रोप मी पन्थर दिल, रोप मी बेचारा, हमारी खीरोशों की वेजह सब पूछते हैं लेकिन दर्द जानने की कीरोशों कमी नहीं होती, हम एडकी का बस दिल रोता है, हमारी आरबी से बारिश नहीं होती ॥१॥

हार से निकलते हैं तो कहा जिम्मेदारी भी होती है, वैहा कुछ खंबाया कि नहीं से बस माँ कहता है, हम हर सुबह जागते हैं, हमारी तब जिस्मान सो जाती है, जिस्मान सो जाती है, जिस्मान सो जाती है, जिस्मान हो मी मोहब्बत हो जाती है, सिद्धत से हम जिस मोहब्बत का इंतजार करते हैं, आरवेर में वो भी साथ छोड़ देती है, जिसे हम मां जितना च्यार करते थे, बचपन में खिलीने टूटन पर येते थे, सगर अब दिल टूटन पर आहटें नहीं होती, हम लड़कीं का बस दिल येता है, हमारी आरवों से बारिश नहीं होती ॥2॥

वित्व का जरूम भरता नहीं, एक और जरूम आता, हमारी विश्वरी हुई जिंद्गों में, वेशेजगारी का वीर आता है, रवाली जेवी में सिर्फ कुछ सिक्की खनरवनाते हैं, पापा की तान कम पड़ ती, लोग मी सुनाते हैं, जिंद्गों के नीकर नीकरों की तलाश रहती हैं, हमारी जिंदगों ग्रेसी हैं, जैसे कब में लाश रहती हैं, हमारी अंदिवी से वारिश नहीं होती ॥३॥

Pushparaj Tiwari

# ऑनलाइन अध्यापन के फाये और नुकसान

कोविड - १९ जैसी महामारी को रवतरे को देशकों हुए अर्थेर छोवाडाउन का कारण कई महीनों नक स्कृत और कारिण वंद थी। ऐसे में बच्चे ऑनलाईन क्लासेस कार रहे थे और हार पर अपने मम्मी - पापा का मोबाइत डेस्काराँप से पढ़ाई कार रहे थे। वैसे ऑनलाइन क्लासेस ने देश में पढ़ाई का क्षेत्र में एक नथा रास्ता रवीला है और इसका अभ इसका विस्तार भी हुआ है। ज्यादात्तर बच्चे ऑनलाईन क्लासेस से रवुश है। जहाँ एक और इसके पायदे हैं वहीं नुक्सान भी हैं।

### ऑनलाइन क्लास के फायेद

असम्य की बचत = इन वलासेस के कारण बच्चों का द्रिवालिंग का समय बच रहा है। कई बच्चे पहने केलिए हारों से बहुत दूर स्कुल जाते हैं, जिस्से वे अला जाते थे। द्रवल में गवाएं समय की विकार से वे लोई एकर्ट्रा एक्टिविटा नहीं कार पाते थे। लेलिन ऑनलाइन वलासेस से अब उनके पास इत्ता समय कीता है कि वे अपनी सची की चीजों में ह्यान का। समय कीता है जैसे - म्युजिका, डांस, पेंटिश।

### ऑनलाइन क्लास के नुकसान

परिवेश ना मिलना - जिस तरह का परिवेश हमें स्कुल, कॉलेज या कोन्विंग सेंटर पर मिलना है, जहां हम दुसरों के संपक्ष में रहते हुए कुछ सीरवत्ते हैं, और हमें गहेरे तीर पर प्रभावित करने हुए कुछ सिरवाता है, वैसा परिवेश हमें ऑललाइन में नहीं मिलना।

अस्ता का डर = बच्चों के हाओं में मोबह्न होने से वी इसका गला इस्तेमाल भी कर सकते हैं, जैसे गेम रेवलना ऑनलाइन दुसरा प्रेसी जानकारियों को जानना जिसकी अभी उनकी आवश्यकता नहीं हैं। इसिए पेरेंट्स के लिए जिस्री हैं की वो अपने बच्चों को मोबाइल देने के बाद भुल न जाए, वाल्क विच- विच में उसे चेक कार्यों रहें।

ऑनलाइन काक्षाओं से बच्चों की ऑरबी और

देवारेश्य पर बुरा असर पड़ रहा है।

ऑनलाईन वलासेम के बीच में ही नेटवर्क संबंधी समस्याओं से बच्चों की परेशानी होती हैं। साथ ही, ऑनलाइन वलास में साइंस और सोशल के प्रीविध्वाल नहीं हो पा रहे हैं। वहीं, हिच्यों के साथ हातीं का समन्वय नहीं बन रहा है। अविद्याजनका है = ऑनलाईन क्लासेस कॅमिन अविद्याजनका है और इस से ज्यादा सुविद्याजनका लोई और माह्यम हो भी नहीं सकता है। इस माह्यम से बच्चे घर बैठे, बिना स्कुल जाए पह सकते हैं। जहां चाहे वहां बैठकर पह सकते हैं। इस से बच्चों को गर्मियों के मैरिसम में काफी आराम मिल रहा है।

3) गैजिट से वाकिफ होना = बच्चे विडीयो चैट से विज्ञास कार रहे हैं, जिस्से वी तकनीकि तीर पर निपूर्ण हो रहे हैं। यही वजह है की आज की सारिश्व में तकरीबन सभी बच्चें की गैजेट की अच्छी खासी जानकारी है।

4) पैसों की बचा = ऑनलाइन क्लास से पेरेंट्स के जेब का बोझ बोडा कम हुआ है। ट्रेवितिंग में खर्च होने वाले पैसों की बचान हो रही है।





'Stay positive better days are on their way.....'

